MACINNIS FRANK T

Form 4 March 30, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

549 OMB Number: Expires:

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires. 2005
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OMB APPROVAL

3235-0287

January 31,

Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and AdmACINNIS	*	ting Person *	2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
301 MERRI	TT SEVEN		(Month/Day/Year) 03/29/2005	_X_ Director 10% Owner Officer (give title Other (specify below) Chairman & CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWALK	c, CT 06851		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acc	quired, Disposed of, or Beneficially Owned		

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired ton(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount		Price	(Instr. 3 and 4)		
Common Stock	03/29/2005		S	600	D	\$ 46.66	174,442	D	
Common Stock	03/29/2005		S	200	D	\$ 46.7	174,242	D	
Common Stock	03/29/2005		S	200	D	\$ 46.71	174,042	D	
Common Stock	03/29/2005		S	1,200	D	\$ 46.76	172,842	D	
Common Stock	03/29/2005		S	1,000	D	\$ 46.77	171,842	D	

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Common Stock	03/29/2005	S	300	D	\$ 46.78	171,542	D
Common Stock	03/29/2005	S	500	D	\$ 46.79	171,042	D
Common Stock	03/29/2005	S	800	D	\$ 46.8	170,242	D
Common Stock	03/29/2005	S	1,700	D	\$ 46.81	168,542	D
Common Stock	03/29/2005	S	1,200	D	\$ 46.82	167,342	D
Common Stock	03/29/2005	S	100	D	\$ 46.84	167,242	D
Common Stock	03/29/2005	S	500	D	\$ 46.95	166,742	D
Common Stock	03/29/2005	S	500	D	\$ 46.97	166,242	D
Common Stock	03/29/2005	S	200	D	\$ 47.1	166,042	D
Common Stock	03/29/2005	S	400	D	\$ 47.11	165,642	D
Common Stock	03/29/2005	S	100	D	\$ 47.13	165,542	D
Common Stock	03/29/2005	S	200	D	\$ 47.14	165,342	D
Common Stock	03/29/2005	S	300	D	\$ 47.15	165,042	D
Common Stock	03/29/2005	S	1,000	D	\$ 47.2	164,042	D
Common Stock	03/29/2005	S	100	D	\$ 47.21	163,942	D
Common Stock	03/29/2005	S	300	D	\$ 47.22	163,642	D
Common Stock	03/29/2005	S	100	D	\$ 47.24	163,542	D
Common Stock	03/29/2005	S	100	D	\$ 47.26	163,442	D
Common Stock	03/29/2005	S	600	D	\$ 47.3	162,842	D
Common Stock	03/29/2005	S	200	D	\$ 47.35	162,642	D
	03/29/2005	S	400	D		162,242	D

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Common Stock				\$ 47.37		
Common Stock	03/29/2005	S	300 <u>(1)</u> D	\$ 47.64	161,942 <u>(2)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	5. stionNumber of Securities Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	(Month/Day, ve es d	ate	7. Titl Amou Under Secur (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)
				Code	V (A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X		Chairman & CEO				

Signatures

Frank T.

MacInnis

**Signature of Reporting Person

O3/30/2005

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transactions are continued on a separate Form 4 filed contemporaneously herewith.

Reporting Owners 3

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(2) In	cludes shares issuable in respect of restricted stock units granted pursuant to the Company's Executive Stock Bonus Plan.
Note: File three co	opies of this Form, one of which must be manually signed. If space is insufficient, <i>see</i> Instruction 6 for procedure. who are to respond to the collection of information contained in this form are not required to respond unless the form displays
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