SAIA INC Form 4 February 06, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Form filed by More than One Reporting

Person

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person _ ODELL RICHARD D			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			SAIA INC [SAIA]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
			(Month/Day/Year)	Director 10% Owner			
11465 JOHNS CREEK PARKWAY,			02/04/2014	X Officer (give title Other (specify below)			
SUITE 400			President & CEO of Saia				
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
				X Form filed by One Reporting Person			

JOHNS CREEK, GA 30097

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit or Dispos (Instr. 3, 4	ed of (` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/04/2014		A(1)	29,874	A	\$ 0	117,271.5	D	
Common Stock	02/04/2014		F(2)	14,378	D	\$ 31.5	102,893.5	D	
Common Stock	02/06/2014		M	3,684	A	\$ 7.9733	106,577.5	D	
Common Stock	02/06/2014		S	3,684	D	\$ 31.0269	102,893.5	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number or Derivative Securities Acquired Disposed (Instr. 3, 4	(A) or of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nui Sha
Stock Options (Right to Buy)	\$ 31.5	02/04/2014		A	39,600		02/04/2017	02/03/2021	Common Stock	
Stock Options (Right to Buy)	\$ 7.9733	02/06/2014		M		3,684	02/03/2012	02/02/2016	Common Stock	
Stock Options (Right to Buy)	\$ 8.0667						02/02/2013	02/01/2017	Common Stock	
Phantom Stock	\$ 0 (3)						<u>(4)</u>	<u>(5)</u>	Common Stock	43
Stock Options (Right to Buy)	\$ 17.8133						02/02/2010(6)	02/01/2017	Common Stock	
Stock Options (Right to Buy)	\$ 10.9267						05/02/2014	05/01/2018	Common Stock	
Stock Options (Right to Buy)	\$ 27.28						04/30/2016	04/29/2020	Common Stock	
Stock Options (Right to Buy)	\$ 11						02/02/2015	02/02/2019	Common Stock	

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ODELL RICHARD D 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

President & CEO of Saia

Signatures

/s/ Stephanie R. 02/06/2014 Maschmeier

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Issuance of Performance Unit Awards under the 2011 Omnibus Incentive Plan for the 2/2/11-2/1/14 performance period.
- (2) Shares withheld at officer's election to cover tax liabilities incurred upon the issuance of Performance Unit Awards under the 2011 Omnibus Incentive Plan for the 2/2/11-2/1/14 performance period.
- (3) Conversion rate of this derivative security on February 4, 2014 is 1.2199 resulting in 52,543.16 shares of common stock (underlying security in column 7).
- (4) Immediate
- (5) The shares of phantom stock become payable in the Company's stock upon reporting person's termination of service as a Director.
- (6) The options vest one-third in year three, one-third in year four and one-third in year five.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3