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GOLDEN ENTERPRISES INC Form 8-K July 13, 2005

(c) Exhibits

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

	Pursuant to Section		NT REPORT f The Secur	rities	Exch	ange Act o	of 1934		
Date of Report (Date of earliest event reported)					July 12, 2005				
		GOLDEN ENT	ERPRISES, I	NC.					
	(Exact name	of registrant	as specifi	ed in	its	charter)			
	DELAWARE	0-	0-4339			63-0250005			
(Stat	ce or other jurisdic	tion (Comm File	ission Number)			.R.S. Empl			
One Golden Flake Drive, Birmingham, Alabama						35205			
	(Address o	f principal ex	ecutive off	ices)		(Ziŗ	Code)		
Regis	strant's telephone n	umber, includi:	ng area cod	le	(205)	458-7316	-		
	(Former name or	former addres		ed sin	nce la	ast report	.)		
simu	ck the appropriate bultaneously satisfy lowing provisions (s	the filing obl	igation of	the re	egist			the	
[_]	Written communicat (17 CFR 230.425)	ions pursuant	to Rule 42	5 unde	er the	e Securit	ies Act		
[_]	Soliciting materia (17 CFR 240.14a-12)	l pursuant to	Rule 14a-12	under	the	Exchange	Act		
[_]	Pre-commencement Exchange Act (17 CF		-	to R	Rule	14d-2(b)	under	the	
[_]	Pre-commencement Exchange Act (17 CF		-	to P	Rule	13e-4(c)	under	the	
Item	9.01 Financ	ial Statements	and Exhibi	ts.					

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99.1 Press Release issued by Golden Enterprises, July 12, 2005.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

GOLDEN ENTERPRISES, INC.
(Registrant)

Date 07/12/2005

/s/ Patty Townsend

Patty Townsend CFO, Vice-President and Secretary