HOLTZ DAVID B Form 5 February 10, 2003 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM 5 ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP [] Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. [] Form 3 Holdings Reported [] Form 4 Transactions Reported 1. Name and Address of Reporting Person(s) Holtz, David B. 311 Enterprise Drive Plainsboro, New Jersey 08536 2. Issuer Name and Ticker or Trading Symbol Integra LifeSciences Holdings Corp. (IART) 3. I.R.S. Identification Number of Reporting Person, if an entity (Voluntary) 4. Statement for Month/Year 12/02 5. If Amendment, Date of Original (Month/Year) 6. Relationship of Reporting Person(s) to Issuer (Check all applicable) [] 10% Owner [] Director [X] Officer (give title below) [] Other (specify below) Sr. Vice President, Finance, Treasurer 7. Individual or Joint/Group Filing (Check Applicable Line) [X] Form filed by One Reporting Person [] Form filed by More than One Reporting Person

Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1)Title of Security	2)Trans- action		4.Securities Acquired(A) or Disposed of (D)		
	Date (Month/	Code	-	A or	
	Day/Year)	Code	Amount 	D Price	

Table II (PART 1) Derivative Securitites Acquired, Disposed of, or Beneficially Owned (Columns _____ 2)Conversion 3)Trans- 4)Trans- 5)Number of Derivative or Exercise action action Securities Acquired (A) Price of Date Code or Disposed of (D) Derivative 1)Title of Derivative Security Code A D Security _____ 08/02/02 Incentive Stock Option (right \$14.8700 A 1,669 to buy) Non-Qualified Stock Option \$14.8700 08/02/02 A 8,331

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(right to buy)

Table II (PART 2) Derivative	Securitite	s Acquired, Disposed of, or Ber	eficially Owne	d (Columns
1)Title of Derivative Security	3)Trans- action Date	7)Title and Amount of Underlying Securities	nderlying	
-		Title	Shares	
Incentive Stock Option (right to buy)	08/02/02	Common Stock	1,669	
Non-Qualified Stock Option (right to buy)	08/02/02	Common Stock	8,331	

SIGNATURE OF REPORTING PERSON /S/ Holtz, David B. DATE 02/10/03