## Edgar Filing: HEALY JOHN J JR - Form 4

HEALY JOH	N J JR										
Form 4											
April 03, 201											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL		
Washington, D.C. 20549							OMB Number:	3235-0287			
Check this if no longe	<b></b>	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires:	January 31, 2005	
subject to Section 16 Form 4 or	<b>51A1</b> 5.								Estimated a burden hou response	average Irs per	
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940											
(Print or Type R	esponses)										
			Symbol AVALO	Name and ' NBAY C			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			INC [AVB]								
(N			(Month/Da	-	nsaction			X_ Director 10% Owner Officer (give title Other (specify below) below)			
C/O AVALO			03/30/20	012					,		
COMMUNI INC., BALL GLEBE ROA	STON TOW	ER, 671 N.									
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
				Filed(Month/Day/Year)					Applicable Line)		
ARLINGTON, VA 22203								_X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	π.1.1.	I No D		·					
(;))					erivative s	securi	ties Ac	quired, Disposed of		-	
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Executi any	emed on Date, if /Day/Year)	3. Transactio Code (Instr. 8)	4. Securi nAcquired Disposed (Instr. 3,	l (A) c l of (D	))	Beneficially ( Owned	5. Ownership Form: Direct D) or Indirect (I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock, par value \$.01 per share	03/30/2012			А	106	A	\$ 0 (1)	35,450.8 <u>(2)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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## number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Reporting Owners											
Reporting Owner Name / Address					ationships )wner Of	ficer Other					
C/O AVA BALLST		COMMUNITIES R, 671 N. GLEBE 22203	, INC. X	JI 1070 C	when or	ileer ouler					
Signa	tures										
Catherine 2009	Catherine T. White, as attorney-in-fact under Power of Attorney dated January 17,							04/03	/2012		
**Signature of Reporting Person								Da	te		
Expla	nation	of Respo	nses:								
* If the f	orm is filed by	v more than one repor	ting person see Instr	uction $4(\mathbf{b})$	$(\mathbf{v})$						

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reflects grant of Deferred Stock Units ("Units") under the issuer's Stock Option and Incentive Plan pursuant to an election previously
 (1) made by the reporting person to receive Units in lieu of the quarterly cash director's fee otherwise due. The Units will convert into common stock on a one for one basis when the reporting person ceases to be an employee or director of the issuer.

(2) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including Units, which may be subject to vesting requirements.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.