#### ARC DOCUMENT SOLUTIONS, INC.

Form 4

March 21, 2014

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Roy Rahul K			2. Issuer Name and Ticker or Trading Symbol ARC DOCUMENT SOLUTIONS, INC. [ARC]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)
(Last)  C/O ARC DOC SOLUTIONS, BROADWAY,	INC., 1981		3. Date of Earliest Transaction (Month/Day/Year) 03/19/2014	Director 10% Owner Sofficer (give title Other (specify below) Chief Technology Officer
WALNUT CRI	(Street) EEK, CA 94	1596	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acq	uired, Disposed of, or Beneficially Owned

(City)	(State)	Zip) Table	e I - Non-D	erivative	Securi	ities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially (D) or		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock							43,253	D	
Common Stock	03/19/2014		M	501	A	\$ 5.852	43,754	D	
Common Stock	03/19/2014		S	501	D	\$ 7.27	43,253	D	
Common Stock	03/19/2014		M	200	A	\$ 5.852	43,453	D	
	03/19/2014		S	200	D	\$ 7.28	43.253	D	

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Common Stock							
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,553	D
Common Stock	03/19/2014	S	300	D	\$ 7.285	43,253	D
Common Stock	03/19/2014	M	1,800	A	\$ 5.852	45,053	D
Common Stock	03/19/2014	S	1,800	D	\$ 7.29	43,253	D
Common Stock	03/19/2014	M	1,503	A	\$ 5.852	44,756	D
Common Stock	03/19/2014	S	1,503	D	\$ 7.3	43,253	D
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.305	43,253	D
Common Stock	03/19/2014	M	500	A	\$ 5.852	43,753	D
Common Stock	03/19/2014	S	500	D	\$ 7.31	43,253	D
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,853	D
Common Stock	03/19/2014	S	300	D	\$ 7.315	43,253	D
Common Stock	03/19/2014	M	400	A	\$ 5.852	43,953	D
Common Stock	03/19/2014	S	400	D	\$ 7.32	43,253	D
Common Stock	03/19/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/19/2014	S	200	D	\$ 7.325	43,253	D
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.35	43,253	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities	6. Date Exercisable and ve Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	501	05/01/2010(1)	04/30/2014	Common Stock	501
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	200	05/01/2010(1)	04/30/2014	Common Stock	200
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	300	05/01/2010(1)	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	1,800	05/01/2010(1)	04/30/2014	Common Stock	1,800
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	1,503	05/01/2010(1)	04/30/2014	Common Stock	1,503
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	100	05/01/2010(1)	04/30/2014	Common Stock	100
Stock Option (right to buy)	\$ 5.852	03/19/2014		X	500	05/01/2010(1)	04/30/2014	Common Stock	500

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Stock Option (right to buy)	\$ 5.852	03/19/2014	X	300	05/01/2010(1)	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	400	05/01/2010(1)	04/30/2014	Common Stock	400
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	200	05/01/2010(1)	04/30/2014	Common Stock	200
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	100	05/01/2010(1)	04/30/2014	Common Stock	100

# **Reporting Owners**

Reporting Owner Name / Address	Kelationships				
	Director	10% Owner	Officer	Other	

Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596

Chief Technology Officer

## **Signatures**

/s/ Rahul K. Roy 03/20/2014

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

#### **Remarks:**

3/19/2014 - FORM C

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