NAUGHTON TIMOTHY J

Form 4

March 11, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

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(1)

(1)

212,629.7445

130.23

132.95

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

03/07/2019

03/07/2019

03/07/2019

value \$.01

per share Common Stock, par

value \$.01

per share

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading NAUGHTON TIMOTHY J Issuer Symbol **AVALONBAY COMMUNITIES** (Check all applicable) INC [AVB] (Last) (First) (Middle) 3. Date of Earliest Transaction _X__ Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) C/O AVALONBAY 03/07/2019 Chairman & CEO COMMUNITIES. INC., BALLSTON TOWER, 671 N. **GLEBE ROAD** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting ARLINGTON, VA 22203 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired (A) 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if Transactionor Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) Owned Following Direct (D) Ownership (Instr. 8) Reported or Indirect (Instr. 4) (A) Transaction(s) (I) or (Instr. 3 and 4) (Instr. 4) Code V Amount (D) Price Common Stock, par \$ 194,779.7445

M

M

S

25,682

17.850

43,532 D

Α

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Common Stock, par value \$.01 per share						\$ 196.39 (2)	169,097.7445 (1)	
Common Stock, par value \$.01 per share	03/07/2019	M		752	A	\$ 132.95	169,849.7445 (1)	D
Common Stock, par value \$.01 per share	03/07/2019	M		767	A	\$ 130.23	170,616.7445 (1)	D
Common Stock, par value \$.01 per share	03/07/2019	F		1,023 (3)	D	\$ 195.5	169,593.7445 (1)	D
Common Stock, par value \$.01 per share	03/08/2019	M		2,093	A	\$ 130.23	171,686.7445 (1)	D
Common Stock, par value \$.01 per share	03/08/2019	S		20,957	D	\$ 196.36 (4)	150,729.7445 (1)	D
Common Stock, par value \$.01 per share	03/08/2019	S		3,300	D	\$ 197	147,429.7445 (1)	D
Common Stock, par value \$.01 per share	03/08/2019	G	V	100 (5)	D	\$ 0	147,329.7445 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative		3. Transaction Date (Month/Day/Year)		4. Transactio	5. Number of on Derivative	6. Date Exercisable and Expiration Date		. Title and Amount o Inderlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(]	Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)			
	Derivative				or Disposed of			
	Security				(D)			

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(Instr. 3, 4, and 5)

				and 5)						
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option (Right to Buy)	\$ 130.23	03/07/2019	M			26,449	02/13/2014(6)	02/13/2023	Common Stock	26,449
Stock Option (Right to Buy)	\$ 132.95	03/07/2019	M			18,602	02/16/2013(7)	02/16/2022	Common Stock	18,602
Stock Option (Right to Buy)	\$ 130.23	03/08/2019	M			2,093	02/13/2014(6)	02/13/2023	Common Stock	2,093

Reporting Owners

Reporting Owner Name / Address	Relationships						
and the second	Director	10% Owner	Officer	Other			
NAUGHTON TIMOTHY J C/O AVALONBAY COMMUNITIES, INC. BALLSTON TOWER, 671 N. GLEBE ROAD ARLINGTON, VA 22203	X		Chairman & CEO				

Signatures

Catherine T. White, as attorney-in-fact under Power of Attorney dated January 29, 2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- The transaction was executed in multiple trades at prices ranging from \$196.005 to \$196.760. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) Reflects shares swapped via a stock swap option exercise to cover the exercise price of the options.
- The transaction was executed in multiple trades at prices ranging from \$196.00 to \$196.99. The price reported above reflects the weighted (4) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

(5) Reflects gift of 100 shares at no cost.

Reporting Owners 3

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- (6) The options exercised were included in options granted under the issuer's Second Amended and Restated 2009 Equity Incentive Plan on 2/13/2013, which became exercisable in three equal annual installments beginning on 2/13/2014.
- (7) The options exercised were included in options granted under the issuer's Second Amended and Restated 2009 Equity Incentive Plan on 2/16/2012, which became exercisable in three equal annual installments beginning on 2/16/2013.
- (8) Following the reported transaction, the reporting person holds a total of 26,634 options to purchase the issuer's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.