GRA LIFESCIENCES HOLDINGS CORP 5				
ry 16, 2003				
UNITED STATES SECURITIES AND EXCHANGE COMMISS Washington, D.C. 20549	ION			
FORM 5 ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWN	ERSHIP			
[] Check box if no longer subject to Section Form 4 or Form 5 obligations may continue				
[] Form 3 Holdings Reported				
[] Form 4 Transactions Reported				
 Name and Address of Reporting Person(s) Sullivan, James M. 311 Enterprise Drive Plainsboro, New Jersey 08536 Issuer Name and Ticker or Trading Symbol Integra LifeSciences Holdings Corp. (IART) I.R.S. Identification Number of Reporting I 	Person, if a	an entity	(Voluntary)	
 4. Statement for Month/Year 12/02 5. If Amendment, Date of Original (Month/Year) 6. Relationship of Reporting Person(s) to Issu [X] Director [] 10% Owner [] Officer (give title below) [] Other (state) 	uer (Check a er		able)	
7. Individual or Joint/Group Filing (Check App [X] Form filed by One Reporting Person [] Form filed by More than One Reporting B		ne)		
Table I Non-Derivative Securities Acquired,	-		-	
1)Title of Security	2)Trans- action Date (Month/	3.Trans- action Code	4.Securities or Disposed	Acquired(A) of (D) A or
	Day/Year)	Code	Amount 	D Price

Table II (PART 1) Derivative	Securitites Acqu	ired, Disposed	of, or Ber	neficially Owned	(Columns
1)Title of Derivative Security	2)Conversion or Exercise Price of Derivative	3)Trans- action Date	4)Trans- action Code	5)Number of Der Securities Acqu or Disposed of	ired (A)
	Security		Code	A	D
Non-Qualified Stock Option (right to buy)	\$19.0200	05/21/02	A	10,000	

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Table II (PART 2) Derivative	Securitites	s Acquired, I	Disposed of,	or Benef	ficially	Owned	(Columns
1)Title of Derivative Security	,	7)Title and of Underlyir Securities				(8)Price of Deri- vative
					Amount of		Security
_		Title			Number o: Shares	Ľ	

Non-Qualified Stock Option 05/21/02 Common Stock 10,000 (right to buy)

SIGNATURE OF REPORTING PERSON /S/ Christie A. Davis, Attorney in fact DATE 01/16/03