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Form 4									
December 03, 201	10								
FORM 4	UNITED	STATES		RITIES A			COMMISSIO	-	PPROVAL 3235-0287
Check this box if no longer subject to Section 16.	Check this box if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF						Estimated burden hou	urs per	
Form 5 obligations may continue. See Instruction 1(b).	-	a) of the l	Public U	tility Hol	ding Con		nge Act of 1934, of 1935 or Secti 940		. 0.5
(Print or Type Respon	nses)								
1. Name and Address of Reporting Person <u>*</u> Tanner Gregg A			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]			5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (1	Middle)	3. Date of Earliest Transaction			(Ché	eck all applicabl	2)	
2711 N. HASKEL AVENUE, SUITE 3400			(Month/Day/Year) 12/01/2010			Director 10% Owner X Officer (give title Other (specify below) Executive Vice President			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
DALLAS, TX 75							Person		
(City) (State)	(Zip)	Tab	le I - Non-	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned
	nsaction Date th/Day/Year)	2A. Deema Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8)	4. Securition Acquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	(D) Price	(Instr. 3 and 4)		
Reminder: Report on	a separate line	for each cl	ass of sec	urities bene	Perso inform requir	ns who rest nation cont ed to resp ys a curre	or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amo
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	f			
				Code V	(A) (D) Date Exercisable	Expiration Date	Title	An or Nu of
Restricted Stock Units (DU005605)	\$ 0	12/01/2010		А	5,000	11/01/2012 <u>(1)</u>	12/01/2020	Common Stock	5
Restricted Stock Units (DU005606)	\$ 0	12/01/2010		А	25,000	11/01/2012(1)	12/01/2020	Common Stock	25

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
Tanner Gregg A 2711 N. HASKEL AVENUE, SUITE 3400 DALLAS, TX 75204			Executive Vice President		
Signatures					

Katherine K. Connell, Attorney-in-Fact	12/03/2010
**Signature of Reporting Person	Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person has received an award of restricted stock units, which is a right to receive shares of Common Stock of the Issuer in (1) the future, subject to the terms and conditions of the award agreement. The units will vest in full on Novemer 1, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.