#### **CHEWENS MICHAEL J**

Form 4

February 22, 2013

# FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CHEWENS MICHAEL J			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of	Earliest Tra	nsaction		(Che	ck all applicable	e)	
52 SOUTH BROAD STREET			(Month/Day/Year) 02/20/2013			X	Director 10% Owner Selection Other (specification)  Sr EVP & CFO			
	(Street)		4. If Amer	dment, Dat	e Original	6. Ind	ividual or J	oint/Group Fili	ng(Check	
NORWICH,	NY 13815		Filed(Mon	h/Day/Year)		_X_ Fo	orm filed by	One Reporting Po More than One Ro		
(City)	(State)	(Zip)	Table	I - Non-Do	erivative Securities	Acquired,	Disposed o	of, or Beneficia	lly Owne	
1.Title of Security	2. Transaction II (Month/Day/Ye			3. Transactio	4. Securities nAcquired (A) or	5. Amo Securit	ount of	6. Ownership Form: Direct	7. Natur Indirect	

(City)	(State) (Z	Zip) Table	I - Non-De	erivative S	Securi	ties Ac	quired, Disposed	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial		
NBT Bancorp Inc.	02/20/2013		Code V	Amount 5,498	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4) 45,078	D	
Common Stock	02/20/2013		71	<u>(1)</u>	11	ΨΟ	12,070	D	
NBT Bancorp Inc. Common Stock							14,355.939	I	401k
NBT Bancorp							3,922.861	I	NBT Bancorp

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Inc. ESOP

Common Stock

1. Title of

2.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

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SEC 1474

(9-02)

6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	TransactionNumber Code of (Instr. 8) Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5		(Month/Day/Year	Underlying Securitie (Instr. 3 and 4)		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011(2)	01/15/2020	NBT Bancorp Inc. Common Stock	18,0
Non-Qualified Stock Option (right to buy)	\$ 20.3617					01/15/2009(3)	01/15/2018	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 22.1715					01/01/2005(3)	01/01/2014	NBT Bancorp Inc. Common Stock	715
Non-Qualified Stock Option (right to buy)	\$ 22.352					01/01/2007(3)	01/01/2016	NBT Bancorp Inc. Common Stock	22,00
Non-Qualified Stock Option	\$ 23.2708					01/20/2006(3)	01/20/2015	NBT Bancorp	17,50

7. Title and Amount

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 25.38	01/15/2010(2)	01/15/2019	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(3)	01/01/2017	NBT Bancorp Inc. Common Stock	20,0

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CHEWENS MICHAEL J 52 SOUTH BROAD STREET NORWICH, NY 13815

Sr EVP & CFO

## **Signatures**

By: F. Sheldon Prentice, Power of Attorney For: Michael J. Chewens

02/22/2013

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

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