Seaberg Karen Form 5/A May 16, 2013

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number:

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

January 31, Expires: 2005 Estimated average

1.0

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response...

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported

30(h) of the Investment Company Act of 1940 Form 4

1. Name and Address of Reporting Person *

(First)

Transactions Reported

Seaberg Karen

(Last)

Symbol MGP INGREDIENTS INC [MGPI]

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

3. Statement for Issuer's Fiscal Year Ended (Middle)

(Check all applicable)

(Month/Day/Year)

12/31/2012

X Director X__ 10% Owner Officer (give title Other (specify

below) below)

20073 266TH ROAD

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

05/14/2013

6. Individual or Joint/Group Reporting

(check applicable line)

ATCHISON, KSÂ 66002

X Form Filed by One Reporting Person Form Filed by More than One Reporting

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or	of Issuer's Fiscal Year	(Instr. 4)	(Instr. 4)

(Instr. 3 and 4) Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Pri
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Underlying Securities	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		(Instr
	Derivative				Securities			

SEC 2270

(9-02)

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Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) (A) (D) Date Expiration Title Amount Exercisable Date or Number of Shares Restricted Common Â Â Â Â \hat{A} \hat{A} \hat{A} \hat{A} \hat{A} \hat{A} (2) Stock 3,908 Stock Units (3)

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 8	Director	10% Owner	Officer	Other		
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	ÂX	ÂX	Â	Â		

Signatures

Carl W. Struby, by power of attorney

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit (RSU) represents a contingent right to receive one share of the issuer's common stock.
- (2) The RSUs will vest on June 1, 2015 and the shares will be valued at the closing market price on that date and delivered to the Reporting Person.
- (3) These restricted stock units were previously reported in a Form 4A filed on December 7, 2012 but were omitted from a Form 5 filed on May 14, 2013. This amendment to Form 5 is being filed to include them.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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