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SULLIVAN	JOHN L III										
Form 4											
December 15	5, 2009										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL			
Washington, D.C. 20549							OMB Number:	3235-0287			
Check this box if no longer									Expires:	January 31, 2005	
subject to		EMENT O	F CHAN		ES IN BENEFICIAL OWNERSHIP OF					average	
Section 1		SECURITIES							burden hours per		
Form 4 or Form 5		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,							response 0.		
obligation	ns Section	•					-	f 1935 or Section	n		
may cont <i>See</i> Instru 1(b).	inue.) of the In	•	•	· ·			11		
(Print or Type F	Responses)										
			Symbol	-				5. Relationship of Reporting Person(s) to Issuer			
			EASTE	RN CO [EMLJ			(Check all applicable)			
(Last)	(First)	(Middle)		3. Date of Earliest Transaction							
112 BRIDGE STREET			(Month/Day/Year) 12/14/2009					Director 10% Owner X Officer (give title Other (specify below) below) Vice President & CFO			
				ndment, Da	ate Original			6. Individual or Joint/Group Filing(Check			
				th/Day/Year	-			Applicable Line) _X_ Form filed by One Reporting Person			
NAUGATU	CK, CT 0677	0						Form filed by M Person	Iore than One Re	eporting	
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative S	Securi	ties Acc	quired, Disposed of	f, or Beneficial	lly Owned	
1.Title of				3.				5. Amount of	6. Ownership		
Security (Instr. 3)	(Month/Day/Year) Execu any		on Date, if	Transacti Code	on(A) or Di (D)	ispose	d of		Form: Direct (D) or	Indirect Beneficial	
(1150.5)		(Month		(Instr. 8) (Instr. 3, 4 and 5) (A) or			5)	Owned I Following (Reported Transaction(s)	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
				Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock (1)	12/14/2009			S	2,500	D	\$ 13.3	23,750	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	of Der Sec (A) Disp of ((Ins	onNumber Expirat				7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Qualified employee stock option (2)	\$ 9.5	07/19/2000		A	0		(2)	07/19/2010	Common Stock	30,000	\$
Qualified employee stock option (3)	\$ 9.6	04/26/2001		A	0		(3)	04/26/2011	Common Stock	22,500	\$

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Reporting Owners

Reporting Owner Name / Address	ress Relationships							
F	Director	10% Owner	Officer	Other				
SULLIVAN JOHN L III 112 BRIDGE STREET NAUGATUCK, CT 06770			Vice President & CFO					
Signatures								
/s/ John L.	2/15/2000							

Sullivan III <u>**</u>Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 14, 2009, 2,500 shares sold on the open market for \$13.30 per share.

Original 7/19/2000 option was for 20,000 shares at \$14.25 per share. 4,810 shares were vested on 1/1/2001; 7,017 shares were vested on 1/1/2002; 7,017 shares were vested on 1/1/2003, and the remaining 1,156 shares were vested on 1/1/2004. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now for 30,000 shares at \$9.50 per share.

Original 4/26/2001 option was for 15,000 shares at \$14.40 per share. 5,800 shares were vested on 1/1/2004; 6,944 shares w

(3) 1/1/2005, and the remaining 2,256 shares were vested on 1/1/2006. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now for 22,500 shares at \$9.60 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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