

INSTEEL INDUSTRIES INC
 Form 4
 August 15, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 GAZMARIAN MICHAEL C

(Last) (First) (Middle)
 1373 BOGGS DRIVE
 (Street)

MOUNT AIRY, NC 27030

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 INSTEEL INDUSTRIES INC [IIN]

3. Date of Earliest Transaction
 (Month/Day/Year)
 08/13/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Treasurer

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D) Code V Amount (D) Price			
Common Stock	08/13/2007		A	3,392 A \$ 0	19,684.4882	I	Restricted
Common Stock					119,279	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 20.27	08/13/2007		A	2,242	<u>(1)</u> 08/13/2017	Common Stock	2,242
Non-Qualified Stock Option (right to buy)	\$ 20.27	08/13/2007		A	3,202	<u>(1)</u> 08/13/2017	Common Stock	3,202
Incentive Stock Option (right to buy)	\$ 6.89					07/26/2006 07/26/2015	Common Stock	3,400
Incentive Stock Option (right to buy)	\$ 9.12					<u>(1)</u> 03/04/2015	Common Stock	5,300
Incentive Stock Option (right to buy)	\$ 15.64					02/14/2007 02/14/2016	Common Stock	4,000
Incentive Stock Option (right to buy)	\$ 17.11					<u>(1)</u> 02/13/2017	Common Stock	5,700
Incentive Stock Option (right to buy)	\$ 20.26					08/14/2007 08/14/2016	Common Stock	2,800
Non-Qualified Stock Option (right to buy)	\$ 17.11					<u>(1)</u> 02/13/2017	Common Stock	820

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other
Treasurer

GAZMARIAN MICHAEL C
1373 BOGGS DRIVE
MOUNT AIRY, NC 27030

Signatures

By: James F. Petelle For: Michael C.
Gazmarian

08/15/2007

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) options vest 1/3 annually beginning 1 year from grant date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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