POPWELL DAVID T

Form 4 April 23, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

Section 16.

Form 4 or

Form 5

Obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Obligations

Section 16(a) of the Securities Exchange Act of 1935, as Section 16(b) of the Securities Exchange Act of 1935, as Section 17(c) of the Securities Exchange Act of 1935, as Section 17(c) of the Securities Exchange Act of 1935, as Section 17(c) of the Securities Exchange Act of 1935, as Section 18(c) of the Securities Exchange Act of 1934, obtained to the Securities Exchange Act of 1934, obtained

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading POPWELL DAVID T Issuer Symbol FIRST HORIZON NATIONAL (Check all applicable) CORP [FHN] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner Other (specify X_ Officer (give title (Month/Day/Year) below) 165 MADISON AVENUE 04/22/2019 President-Banking (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting MEMPHIS, TN 38103 Person (City) (State) (7:-

(City)	(State) (A	Table	I - Non-De	erivative S	ecuriti	ies Acq	puired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security	2. Transaction Date 2A. Deemed 3. 4. Securities Acquire (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of			•	5. Amount of Securities Beneficially	7. Nature of Indirect Beneficial			
(Instr. 3)		any (Month/Day/Year)	Code (D) ar) (Instr. 8) (Instr. 3, 4 and 5)		j)	Owned Following	wned Indirect (I) ollowing (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	04/22/2019		A	19,015 (1)	A	\$0	318,579	D	
Common Stock							2,453	I	401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration D	Date Am		t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivative Securities				Securit	ies	(Instr. 5)	Bene
	Derivative							(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable Date	Title Number of				
				C + V	(A) (D)						
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

POPWELL DAVID T 165 MADISON AVENUE MEMPHIS, TN 38103

President-Banking

Signatures

/s/ John A. Niemoeller, attorney-in-fact

04/23/2019 Date

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Performance stock units granted in 2016. On 04/22/19, the Compensation Committee determined that certain performance criteria **(1)** had been achieved. Units will vest 05/12/19, and will be settled with shares of common stock when paid on 05/12/21.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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