

SCHULHOF MICHAEL  
Form 4  
August 10, 2009

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
SCHULHOF MICHAEL

2. Issuer Name and Ticker or Trading Symbol  
J2 GLOBAL COMMUNICATIONS INC [JCOM]

5. Relationship of Reporting Person(s) to Issuer  
(Check all applicable)

(Last) (First) (Middle)  
6922 HOLLYWOOD BLVD.  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
08/06/2009

Director  10% Owner  
 Officer (give title below)  Other (specify below)

LOS ANGELES, CA 90028  
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock, \$0.01 par value <sup>(1)</sup>	08/06/2009		S	1,358	D \$ 24.19	50,367	D
Common Stock, \$0.01 par value	08/06/2009		S	50	D \$ 24.27	50,317	D
Common Stock, \$0.01 par value	08/06/2009		S	100	D \$ 24.28	50,217	D

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Common Stock, \$0.01 par value	08/06/2009	S	1,200	D	\$ 24.33	49,017	D
Common Stock, \$0.01 par value	08/06/2009	S	700	D	\$ 24.35	48,317	D
Common Stock, \$0.01 par value	08/06/2009	S	100	D	\$ 24.36	48,217	D
Common Stock, \$0.01 par value	08/06/2009	S	571	D	\$ 24.37	47,646	D
Common Stock, \$0.01 par value	08/06/2009	S	1,750	D	\$ 24.38	45,896	D
Common Stock, \$0.01 par value	08/06/2009	S	400	D	\$ 24.39	45,496	D
Common Stock, \$0.01 par value	08/06/2009	S	729	D	\$ 24.4	44,767	D
Common Stock, \$0.01 par value	08/06/2009	S	809	D	\$ 24.47	43,958	D
Common Stock, \$0.01 par value	08/06/2009	S	2,100	D	\$ 24.48	41,858	D
Common Stock, \$0.01 par value	08/06/2009	S	100	D	\$ 24.485	41,758	D
Common Stock, \$0.01 par value	08/06/2009	S	300	D	\$ 24.49	41,458	D
	08/06/2009	S	2,000	A	\$ 24.5	39,458	D

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Common Stock, \$0.01 par value							
Common Stock, \$0.01 par value	08/06/2009	S	600	D	\$ 24.51	38,858	D
Common Stock, \$0.01 par value	08/06/2009	S	2,656	D	\$ 24.52	36,202	D
Common Stock, \$0.01 par value	08/06/2009	S	791	D	\$ 24.53	35,411	D
Common Stock, \$0.01 par value	08/06/2009	S	500	D	\$ 24.54	34,911	D
Common Stock, \$0.01 par value	08/06/2009	S	1,300	D	\$ 24.55	33,611	D
Common Stock, \$0.01 par value	08/06/2009	S	200	D	\$ 24.56	33,411	D
Common Stock, \$0.01 par value	08/06/2009	S	1,500	D	\$ 24.58	31,911	D
Common Stock, \$0.01 par value	08/06/2009	S	400	D	\$ 24.6	31,511	D
Common Stock, \$0.01 par value	08/06/2009	S	100	D	\$ 24.65	31,411	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V	(A)	(D)

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SCHULHOF MICHAEL 6922 HOLLYWOOD BLVD. LOS ANGELES, CA 90028		X		

## Signatures

/s/ Michael Schulhof 08/10/2009

\_\_Signature of Reporting Person Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This Form 4 is being filed to supplement the transactions disclosed on the prior Form 4 for Mr. Schulhof's filed on August 6, 2009. More than 30 transactions were to be reported on the first filing but due to the limits set by the SEC on the number of transactions reportable on a single Form 4 this additional Form 4 is being filed to report the additional transactions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.