

CLEVELAND RUSSELL

Form 5

July 20, 2010

FORM 5**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**Check this box if
no longer subject
to Section 16.Form 4 or Form
5 obligations
may continue.See Instruction
1(b).Form 3 Holdings
Reported

Form 4

Transactions

Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL
OWNERSHIP OF SECURITIES**Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0362Expires: January 31,
2005Estimated average
burden hours per
response... 1.01. Name and Address of Reporting Person *
CLEVELAND RUSSELL

(Last) (First) (Middle)

**8080 N. CENTRAL EXPRESSWAY
SUITE 210 LB,Â**

(Street)

DALLAS,Â TXÂ 75206

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
Access Plans Inc [ALHC]3. Statement for Issuer's Fiscal Year Ended
(Month/Day/Year)
04/01/20094. If Amendment, Date Original
Filed(Month/Day/Year)5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner
☐ Officer (give title below) ☐ Other (specify below)

6. Individual or Joint/Group Reporting

(check applicable line)

☐ Form Filed by One Reporting Person
☒ Form Filed by More than One Reporting
Person**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------------|---|---|--------------------------------------|---|--|---|---|
| Common Stock | 06/25/2010 | 06/25/2010 | P5 | 100,000 | A \$ 97,000 | 895,840 | I ⁽¹⁾ |
| | | | | | | | Renaissance US Growth Invest Trust PLC |

Reminder: Report on a separate line for each class of
securities beneficially owned directly or indirectly.**Persons who respond to the collection of information
contained in this form are not required to respond unless
the form displays a currently valid OMB control number.**SEC 2270
(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|
| | | | | | (A) (D) | Date Exercisable Expiration Date | Title Amount or Number of Shares |
| Option | \$ 6.71 | 04/01/2009 | Â | A | 734 Â | 04/01/2009 04/01/2014 | Common 734 |
| Option | \$ 6.86 | 04/01/2009 | Â | A | 1,101 Â | 04/01/2009 04/01/2014 | Common 1,101 |
| Option | \$ 0.85 | 04/01/2009 | Â | A | 2,234 Â | 04/01/2009 04/01/2014 | Common 2,234 |
| Option | \$ 6.71 | 04/01/2009 | Â | A | 2,621 Â | 04/01/2009 04/01/2014 | Common 2,621 |
| Option | \$ 6.86 | 04/01/2009 | Â | A | 3,931 Â | 04/01/2009 04/01/2014 | Common 3,931 |
| Option | \$ 0.85 | 04/01/2009 | Â | A | 7,766 Â | 04/01/2009 04/01/2014 | Common 7,766 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|--|---------------|-----------|---------|-------|
| | Director | 10% Owner | Officer | Other |
| CLEVELAND RUSSELL 8080 N. CENTRAL EXPRESSWAY SUITE 210 LB DALLAS, TX 75206 | Â X | Â | Â | Â |
| RENAISSANCE US GROWTH INVESTMENT TRUST PLC 8080 N. CENTRAL EXPRESSWAY SUITE 210, LB-59 DALLAS, TX 75206 | Â | Â X | Â | Â |
| RENN Global Entrepreneurs Fund, Inc. 8080 N CENTRAL EXPRWY STE 210 LB59 DALLAS, TX 75206 | Â | Â X | Â | Â |

RENN Capital Group, Inc.
8080 N. CENTRAL EXPRESSWAY
DALLAS, TX 75206

Â Â X Â Â

Signatures

/s/ Russell
Cleveland

07/20/2010

 **Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Shares are held in Renaissance US Growth Invest Trust PLC.
- (2) Shares are held in RENN Global Entrepreneurs Fund Inc.

Shares are held in RENN Capital Group Inc. Russell Cleveland is President of RENN Capital Group Inc., Investment Advisor to RENN

- (3) Global Entrepreneurs Fund, Inc., and therefore may be considered to be beneficial owner of such shares. Russell Cleveland disclaims such beneficial ownership.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.