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OVERSEAS SHIPHOLDING GROUP INC

Form 4

August 30, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Symbol

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

OVERSEAS SHIPHOLDING

CROTTE INC TOSCI

See Instruction

1(b).

(Print or Type Responses)

FRIBOURG CHARLES

1. Name and Address of Reporting Person *

			GROU	P INC [O	SGJ			(,	
(Last) 277 PARK	, ,	(Middle)		f Earliest T Day/Year) 1010	ransaction		_	_X Director Officer (give t pelow)		Owner er (specify	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
NEW YOR	K, NY 10172							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secu	rities Acqui	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deen Execution any (Month/E	n Date, if	Code (Instr. 8)	4. Securi our Dispos (Instr. 3,	sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$1.00 per share	08/27/2010			J	100 (1)	()	\$ 31.88	160,876	I (2)	(2)	
Common Stock, par value \$1.00 per share	08/27/2010			J	200 (1)	A	\$ 31.91	161,076	I (2)	(2)	
Common Stock, par	08/27/2010			J	200 (1)	A	\$ 31.92	161,276	I (2)	(2)	

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value \$1.00 per share								
Common Stock, par value \$1.00 per share	08/27/2010	J	100 (1)	A	\$ 31.9599	161,376	I (2)	(2)
Common Stock, par value \$1.00 per share	08/27/2010	J	500 (1)	A	\$ 31.96	161,876	I (2)	(2)
Common Stock, par value \$1.00 per share	08/27/2010	J	300 (1)	A	\$ 31.97	162,176	I (2)	(2)
Common Stock, par value \$1.00 per share	08/27/2010	J	4,700 (1)	A	\$ 31.99	166,876	I (2)	(2)
Common Stock, par value \$1.00 per share						1,600	I (3)	(3)
Common Stock, par value \$1.00 per share						18,075	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Owne

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Security

Acquired
(A) or
Disposed
of (D)

of (D) (Instr. 3, 4, and 5)

Code V (A) (D) Date

Exercisable Date

Expiration Title Amount
Date or

Number of Shares Follo

Repo

Trans

(Insti

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

FRIBOURG CHARLES
277 PARK AVENUE X

NEW YORK, NY 10172

Signatures

/s/James I. Edelson, Attorney-in-Fact pursuant to a power of attorney previously filed

08/30/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Purchased pursuant to a trading plan adopted pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) These shares are held indirectly through an entity. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest in these shares.
- (3) These shares are owned by the Reporting Person's spouse. The Reporting Person disclaims beneficial ownership of these shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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