KADANT INC Form 4 March 31, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to

Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * RAINVILLE WILLIAM A

(Month/Day/Year) Execution Date, if

(First) (Middle)

KADANT INC., ONE TECHNOLOGY PARK DRIVE

(Street)

2. Issuer Name and Ticker or Trading Symbol

KADANT INC [KAI] 3. Date of Earliest Transaction

(Month/Day/Year) 03/29/2014

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Issuer

(Check all applicable)

X_ Director 10% Owner Officer (give title Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

WESTFORD, MA 01886

(City) (State) (Zip) 1.Title of 2. Transaction Date 2A. Deemed

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D)

(Instr. 8) (Instr. 3, 4 and 5)

5. Amount of Securities Beneficially Owned Following Reported

(D) or (Instr. 4)

6. Ownership 7. Nature of Form: Direct Indirect Beneficial Indirect (I) Ownership

OMB APPROVAL

3235-0287

January 31,

2005

0.5

(Instr. 4)

(9-02)

(A) Transaction(s) or (Instr. 3 and 4) Amount (D) Price

Common Stock

Security

(Instr. 3)

03/29/2014

Code V M

1,250

Α

(1)

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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59,400

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Unit	\$ 0	03/29/2014		M	1,250 (1)	<u>(1)</u>	<u>(1)</u>	Common Stock	1,250 (1)	

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

RAINVILLE WILLIAM A

KADANT INC.

ONE TECHNOLOGY PARK DRIVE

Signatures

WESTFORD, MA 01886

by Sandra L. Lambert for William A.
Rainville

03/31/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents partial vesting of restricted stock unit award on 03/29/2014 and delivery of shares to the reporting person pursuant to the terms of a restricted stock unit award agreement dated 03/06/2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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