CD&L INC Form 4 July 06, 2006

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

January 31, Expires:

**OMB APPROVAL** 

2005

0.5

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subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

See Instruction

	Address of Reporting  MO MARK T	Person _ 2. Issue Symbol	r Name <b>and</b>	Ticker or Trading	S. Relationship of Reporting Person(s) to Issuer				
		CD&L	CD&L INC [CDV]			(Check all applicable)			
(Last)	(First)	(Middle) 3. Date of	f Earliest Tra	ansaction					
		(Month/I	Day/Year)		Director	109	6 Owner		
C/O CD&L	, INC., 80 WESI	LEY 07/03/2	07/03/2006			_X_ Officer (give title Other (specify			
STREET					below) General	below) Counsel and Sec	eretary		
	(Street)	4. If Am	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Filed(Mo	Filed(Month/Day/Year)						
SOUTH HA	ACKENSACK, N	IJ 07606							
(City)	(State)	(Zip) Tab	le I - Non-D	erivative Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
1.Title of	2. Transaction Da	te 2A. Deemed	3.	4. Securities	5. Amount of	6. Ownership	7. Nature of		
Security	(Month/Day/Year	e) Execution Date, if	Transactio	onAcquired (A) or	Securities	Form: Direct	Indirect		
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	(D) or	Beneficial		
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Indirect (I)	Ownership		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Following

Reported

0

Transaction(s) (Instr. 3 and 4)

(A)

Price

(Instr. 4)

D

(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Code V Amount (D)

#### Edgar Filing: CD&L INC - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Series A Convertible Note due 2011	\$ 1.016	07/03/2006		S	0 (1)	04/14/2004	04/14/2011	Common Stock	98,425

# **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CARLESIMO MARK T C/O CD&L, INC. 80 WESLEY STREET SOUTH HACKENSACK, NJ 07606

General Counsel and Secretary

### **Signatures**

/s/ Mark T. 07/06/2006 Carlesimo

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person sold a Series A Convertible Note in the aggregate principal amount of \$100,000, convertible into 98,425 shares of common stock of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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