#### SIMOURIAN JOHN A

Form 4

August 21, 2006

#### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** 

**OMB APPROVAL** 

3235-0287 Number:

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

Name and Address of Reporting     SIMOURIAN JOHN A	g Person *	2. Issuer Name and Ticker or Trading Symbol CD&L INC [CDV]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle)		3. Date of Earliest Transaction	(Check all applicable)		
		(Month/Day/Year)	X Director 10% Owner		
C/O CD&L, INC., 80 WESLEY STREET		08/17/2006	Officer (give title Other (specification) below)		
(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
SOUTH HACKENSACK, I	NJ 07606	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City) (State)	(Zip)	Table I - Non-Darivative Securities Acc	united Disposed of at Ranaficially Own		

(City)	(State) (2	Table	I - Non-Do	erivative S	ecurities Ac	quired, Disposed	of, or Beneficia	lly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ies	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	TransactionAcquired (A) or		Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed	of (D)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and 5)	Owned	Indirect (I)	Ownership
						Following	(Instr. 4)	(Instr. 4)
					(4)	Reported		
					(A)	Transaction(s)		
			$\alpha + w$	A	or	(Instr. 3 and 4)		
~			Code V	Amount	(D) Price			
Common						0	D	
Stock						U	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. I Der Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock options (right to buy)	\$ 3	08/17/2006		D	1,250	<u>(1)</u>	10/01/2009	Common Stock	1,250	\$
Stock options (right to buy)	\$ 2.313	08/17/2006		D	1,250	<u>(1)</u>	04/03/2010	Common Stock	1,250	\$
Stock options (right to buy)	\$ 1.438	08/17/2006		D	1,250	<u>(1)</u>	07/03/2010	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.563	08/17/2006		D	1,250	<u>(1)</u>	10/02/2010	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.5	08/17/2006		D	1,250	<u>(1)</u>	01/02/2011	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.5	08/17/2006		D	1,250	<u>(1)</u>	04/02/2011	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.57	08/17/2006		D	1,250	<u>(1)</u>	07/02/2011	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.45	08/17/2006		D	1,250	<u>(1)</u>	10/02/2011	Common Stock	1,250	\$
Stock options	\$ 0.35	08/17/2006		D	1,250	<u>(1)</u>	01/01/2012	Common Stock	1,250	\$

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(right to buy)									
Stock options (right to buy)	\$ 0.49	08/17/2006	D	1,250	<u>(1)</u>	04/01/2012	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.53	08/17/2006	D	1,250	<u>(1)</u>	07/01/2012	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.47	08/17/2006	D	1,250	<u>(1)</u>	10/01/2012	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.6	08/17/2006	D	1,250	(1)	01/01/2013	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.45	08/17/2006	D	1,250	<u>(1)</u>	04/01/2013	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.48	08/17/2006	D	1,250	<u>(1)</u>	07/01/2013	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.86	08/17/2006	D	1,250	<u>(1)</u>	10/01/2013	Common Stock	1,250	\$
Stock options (right to buy)	\$ 0.78	08/17/2006	D	1,250	<u>(1)</u>	01/02/2014	Common Stock	1,250	\$
Stock options (right to buy)	\$ 1.05	08/17/2006	D	1,250	<u>(1)</u>	04/01/2014	Common Stock	1,250	\$
Stock options (right to buy)	\$ 2.17	08/17/2006	D	5,000	<u>(1)</u>	07/01/2014	Common Stock	5,000	\$
Stock options (right to	\$ 1.72	08/17/2006	D	8,000	<u>(1)</u>	07/01/2015	Common Stock	8,000	\$

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buy)									
Stock options (right to buy)	\$ 3	08/17/2006	D	1,250	<u>(1)</u>	10/01/2009	Common Stock	1,250	\$
Stock options (right to buy)	\$ 2.313	08/17/2006	D	1,250	<u>(1)</u>	04/03/2010	Common Stock	1,250	\$

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
<b>--</b>	Director	10% Owner	Officer	Other			
SIMOURIAN JOHN A C/O CD&L, INC. 80 WESLEY STREET SOUTH HACKENSACK, NJ 07606	X						

# **Signatures**

/s/ Mark T. Carlesimo, Esq.,
Attorney-In-Fact

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These options were disposed of pursuant to an Agreement and Plan of Merger between CD&L, Inc. (the "Company") and Velocity

  Express Corporation (the "Purchaser"), which agreement was adopted by the shareholders of the Company at a special meeting held on August 17, 2006. Pursuant to the terms of the Agreement and Plan of Merger, each share of common stock of the Company and each option to purchase common stock of the Company was converted into the right to receive \$3.00 in cash from the Purchaser.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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