MEDIFAST INC Form 8-K December 16, 2015

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 16, 2015

MEDIFAST, INC.

(Exact name of registrant as specified in its Charter)

Delaware001-3157313-3714405(State or other jurisdiction of incorporation)(Commission file number)(IRS Employer Identification No.)

3600 Crondall Lane, Owings Mills, Maryland 21117

(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (410)-581-8042

N/A

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (See General Instruction A.2. below):

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 8.01. Other Events.

On December 16, 2015, Medifast, Inc. issued a press release announcing the declaration of a cash dividend by the company's Board of Directors. The full text of the press release is attached as Exhibit 99.1.

#### Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press release dated December 16, 2015 titled "Medifast Announces Initiation of Quarterly Dividend"

2

Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MEDIFAST, INC.

By:/s/ Timothy Robinson Timothy Robinson

Chief Financial Officer

Dated: December 16, 2015

3

## **EXHIBIT INDEX**

# **Exhibit No. Description**

Press
Release
dated
December
16, 2015
titled

99.1 titled

"Medifast Announces Initiation of Quarterly Dividend"

4