

SIMMONS FIRST NATIONAL CORP
 Form 4
 July 29, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CROW BARRY L

2. Issuer Name and Ticker or Trading Symbol
SIMMONS FIRST NATIONAL CORP [SFNC]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
Chief Operating Officer

(Last) (First) (Middle)
SIMMONS FIRST NATIONAL CORPORATION, 501 MAIN STREET
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
07/27/2005

PINE BLUFF, AR 71611
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				Code V Amount (A) or (D) Price			
SFNC	07/27/2005		S	2,000 D \$ 26.82	32,400	D	
SFNC	07/28/2005		S	3,012 D \$ 26.76	29,388	D	
SFNC					4,368	I	IRA
SFNC					2,477	I	Joint
SFNC					2,546	I	By Trust (Spouse)

SFNC

600

I

IRA
(Spouse)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price or Value of Underlying Securities (Instr. 3 and 4)
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2005 07/25/2014	Common 600	\$ 23.78
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2006 07/25/2014	Common 600	\$ 23.78
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2007 07/25/2014	Common 600	\$ 23.78
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2008 07/25/2014	Common 600	\$ 23.78

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

CROW BARRY L
SIMMONS FIRST NATIONAL CORPORATION
501 MAIN STREET
PINE BLUFF, AR 71611

Chief Operating Officer

Signatures

/s/ Barry L. Crow by Piper P.
Erwin

07/29/2005

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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