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BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND Form N-Q
July 28, 2011 UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM N-Q
QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY
Investment Company Act file number 811-08349
Name of Fund: BlackRock MuniHoldings Investment Quality Fund (MFL)
Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809
Name and address of agent for service: John M. Perlowski, Chief Executive Officer, BlackRock MuniHoldings Investment Quality Fund, 55 East 52 <sup>nd</sup> Street, New York, NY 10055
Registrant s telephone number, including area code: (800) 882-0052, Option 4
Date of fiscal year end: 08/31/2011
Date of reporting period: 05/31/2011

Item 1 Schedule of Investments

Schedule of Investments May 31, 2011 (Unaudited)

BlackRock MuniHoldings Investment Quality Fund (MFL) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Alabama 3.4%		
Birmingham Special Care Facilities Financing Authority, RB, Children s		
Hospital (AGC):		
6.13%, 6/01/34	\$ 4,980	\$ 5,383,181
6.00%, 6/01/39	10,995	11,694,832
		17.079.012
		17,078,013
Arizona 2.6%		
State of Arizona, COP, Department of		
Administration, Series A (AGM): 5.25%, 10/01/24	10,260	10,852,720
5.25%, 10/01/24	2,240	2,288,339
2.25, 2.10	_,,	
		13,141,059
California 19.7%		
California Educational Facilities		
Authority, RB, University of Southern		
California, Series A, 5.25%, 10/01/38	8,920	9,333,353
California Health Facilities Financing Authority, Refunding RB, Sutter		
Health, Series B, 6.00%, 8/15/42	5,370	5,612,670
California State Public Works Board, RB,	<i>,</i>	, ,
Various Capital Projects, Series G-1		
(AGC), 5.25%, 10/01/24	5,000	5,353,650
California State University, RB, Systemwide, Series A (AGM), 5.00%,		
11/01/39	4,000	3,841,640
County of Sacramento California, RB,	,,,,,,	2,012,010
Senior Series A (AGC), 5.50%,		
7/01/41	6,600	6,669,036
Los Angeles Community College District California, GO:		
Election of 2001, Series A (NPFGC),		
5.00%, 8/01/32	10,000	10,078,500
Election of 2008, Series C,		
5.25%, 8/01/39	7,150	7,364,500
Los Angeles Department of Water & Power, RB, Power System,		
Fower, RB, Power System, Sub-Series, A-1, 5.25%, 7/01/38	5,000	5,163,850
Los Angeles Municipal Improvement	3,000	2,102,030
Corp., Refunding RB, Real Property,		
Series B (AGC), 5.50%, 4/01/39	2,980	3,008,072
Los Angeles Unified School District	3,485	3,729,786
California, GO, Series D, 5.25%,		

7/01/25

ar 00)	Value
	\$ 2,568,801
3,285	3,423,890
6,750	6,374,092
2.020	4.242.645
3,820	4,242,645
4,690	4,899,080
4,090	4,099,000
3,000	3,013,890
3,000	3,013,690
15,000	15,457,500
-	13,137,300
	100,134,955
5,925	6,488,823
3,923	0,400,023
1,425	1,470,857
	1,170,007
	7,959,680
775	820,919
773	020,717
2,545	2,569,584
-	
	3,390,503
1,225	1,323,465
19,925	20,004,301
10,900	10,360,341
8,000	8,086,240
8,605	7,904,381
8,	000

#### **Portfolio Abbreviations**

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many of the securities have been abbreviated according to the following list:

AGC Assured Guaranty Corp.

Assured Guaranty Municipal Corp. AGM

**AMBAC** American Municipal Bond Assurance Corp. AMTAlternative Minimum Tax (subject to) **BHAC** Berkshire Hathaway Assurance Corp. CIFG CDC IXIS Financial Guaranty Certificates of Participation COP Economic Development Authority **EDA Education Revenue Bonds ERB** General Airport Revenue Bonds **GARB** 

General Obligation Bonds GO Housing Revenue Bonds HRB **Industrial Development Authority IDA** ISD Independent School District

Mortgage Revenue Bonds **NPFGC** National Public Finance Guarantee Corp.

Revenue Bonds RB Single-Family S/F

MRB

BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

MAY 31, 2011

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Schedule of Investments (continued)

BlackRock MuniHoldings Investment Quality Fund (MFL) (Percentages shown are based on Net Assets)

Municipal Bonds	Pa (00		Value
Florida (concluded)			
County of Osceola Florida, RB, Series A			
(NPFGC), 5.50%, 10/01/27	\$	5,560	\$ 5,626,498
County of St. John s Florida, RB (AGM),			
5.00%, 10/01/31		455	456,192
Florida Housing Finance Corp., HRB,			
Waverly Apartments, Series C-1, AMT			
(AGM), 6.30%, 7/01/30		2,055	2,075,817
Florida Housing Finance Corp.,			
Refunding RB, AMT (NPFGC)			
Homeowner Mortgage Series 2:			
5.75%, 7/01/14		6,700	6,777,184
5.90%, 7/01/29		525	526,066
Jacksonville Port Authority, RB, AMT		6.7.40	6.005.041
(AGC), 6.00%, 11/01/38		6,740	6,805,041
Manatee County Housing Finance			
Authority, RB, Series A, AMT (Ginnie		2 000	2 122 500
Mae), 5.90%, 9/01/40		2,890	3,123,599
Miami-Dade County Housing Finance			
Authority Florida, MRB, Marbrisa			
Apartments Project, Series 2A, AMT (AGM), 6.00%, 8/01/26		2,185	2,206,566
St. Lucie West Services District,		2,103	2,200,300
Refunding RB, Senior Lien (NPFGC),			
6.00%, 10/01/22		3,250	3,325,887
St. Lucie West Services District, RB		3,230	3,323,007
(NPFGC):			
5.25%, 10/01/34		1,720	1,612,242
5.00%, 10/01/38		4,125	3,669,765
Village Center Community Development			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
District, RB, Series A (NPFGC):			
5.38%, 11/01/34		10,775	9,154,979
5.13%, 11/01/36		1,750	1,415,575
Volusia County IDA, RB, Student			
Housing, Stetson University Project,			
Series A (CIFG), 5.00%, 6/01/35		1,740	1,423,146
			95,877,285
Georgia 4.5%			
Augusta-Richmond County Georgia, RB			
(AGM), 5.25%, 10/01/39		4,350	4,463,187
County of Fulton Georgia, RB (NPFGC),		,	, , ,
5.25%, 1/01/35		7,575	7,750,513
Gwinnett County Hospital Authority,		,	
Refunding RB, Gwinnett Hospital			
System, Series D (AGM), 5.50%,			
7/01/41		6,445	6,444,678

Metropolitan Atlanta Rapid Transit Authority, RB, Third Indenture, Series B (AGM), 5.00%, 7/01/34 4,240 4,270,782 22,929,160 Illinois 14.9% Chicago Board of Education Illinois, GO, Refunding, Chicago School Reform Board, Series A (NPFGC), 5.50%, 12/01/26 3,745 3,863,155 Par **Municipal Bonds** (000)Value Illinois (concluded) Chicago Transit Authority, RB, Federal Transit Administration Section 5309, Series A (AGC), 6.00%, 6/01/26 \$ 6,315 \$ 6,971,507 City of Chicago Illinois, GO, Refunding, Projects, Series A (AGM), 5.00%, 1/01/29 1,180 1,174,489 City of Chicago Illinois, RB: General Airport, Third Lien, Series A (NPFGC), 5.00%, 1/01/33 5,000 4,777,350 General, Third Lien, Series C (AGM), 5.25%, 1/01/35 4,905 4,962,192 City of Chicago Illinois, Refunding RB: General, Third Lien, Series C, 6.50%, 1/01/41 16.055 17,639,147 General, Third Lien, Series C (AGC), 5.25%, 1/01/23 3,975 4,299,837 Second Lien (NPFGC), 5.50%, 1/01/30 4,075 4,278,791 Illinois Finance Authority, RB, University 10,000 of Chicago, Series B, 5.50%, 7/01/37 10,588,000 Illinois Municipal Electric Agency, RB, Series A (NPFGC), 5.25%, 2/01/35 2,700 2,722,167 Railsplitter Tobacco Settlement Authority, RB: 5.50%, 6/01/23 4,365 4,327,243 6.00%, 6/01/28 1,245 1,248,710 State of Illinois, RB: (AGM), 5.00%, 6/15/27 3,000 3,069,240 Build Illinois, Series B, 5.25%, 6/15/26 5,625 5,996,644 75,918,472 Indiana 2.9% Indianapolis Local Public Improvement Bond Bank, Refunding RB, Watetrworks Project, Series A (AGC), 5.50%, 1/01/38 14,105 14,562,848 Iowa 0.7% Iowa Finance Authority, Refunding RB, Iowa Health System (AGC), 5.25%, 3,375 3,454,144 2/15/29

Kentucky 0.5%			
Kentucky State Property & B	uildings		
Commission, Refunding RB,	Project		
No. 93 (AGC), 5.25%, 2/01/2	28	2,500	2,646,875
Louisiana 1.8%			
East Baton Rouge Sewerage			
Commission, RB, Series A, 5	.25%,		
2/01/34		1,370	1,417,950
Louisiana State Citizens Prop	perty		
Insurance Corp., RB, Series O	C-3 (AGC),		
6.13%, 6/01/25		5,475	6,122,200
New Orleans Aviation Board	Louisiana,		
Refunding RB, GARB, Restr	ucturing		
(AGC):			
Series A-1, 6.00%, 1/01/23		500	566,235
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Schedule of Investments (continued)

BlackRock MuniHoldings Investment Quality Fund (MFL) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Louisiana (concluded)		
New Orleans Aviation Board Louisiana,		
Refunding RB, GARB, Restructuring		
(AGC):	Φ 500	015.250
Series A-2, 6.00%, 1/01/23	\$ 720	815,378
		8,921,763
Maryland 0.3%		
Maryland Health & Higher Educational		
Facilities Authority, Refunding RB,		
University of Maryland Medical	1.005	1 772 222
System, 5.13%, 7/01/39	1,895	1,773,322
Michigan 16.0%		
City of Detroit Michigan, RB:		
Second Lien, Series B (AGM),		
6.25%, 7/01/36	6,320	6,857,200
Second Lien, Series B (AGM),	950	070.252
7.00%, 7/01/36 Second Lien, Series B (NPFGC),	850	970,352
5.50%, 7/01/29	7,490	7,512,844
Senior Lien, Series B (AGM), 7.50%,	7,150	7,512,011
7/01/33	6,600	7,733,616
System, Second Lien, Series A		
(BHAC), 5.50%, 7/01/36	20,540	20,863,710
City of Detroit Michigan, Refunding RB:		
Second Lien, Series E (BHAC),	6,000	6 272 640
5.75%, 7/01/31 Senior Lien, Series C-1 (AGM),	6,000	6,272,640
7.00%, 7/01/27	9,055	10,567,728
Kalamazoo Hospital Finance Authority,	2,000	10,007,720
RB, Bronson Methodist Hospital		
(AGM), 5.25%, 5/15/36	910	892,610
Michigan State Building Authority, RB,		
Facilities Program, Series H (AGM),	1.7(0)	1 020 464
5.00%, 10/15/26 Mishigan State Building Authority	1,760	1,839,464
Michigan State Building Authority, Refunding RB, Facilities Program,		
Series I (AGC):		
5.25%, 10/15/22	6,150	6,772,503
5.25%, 10/15/24	2,755	2,975,042
5.25%, 10/15/25	1,435	1,535,335
Royal Oak Hospital Finance Authority		
Michigan, Refunding RB, William		
Beaumont Hospital, 8.25%, 9/01/39	5,780	6,633,475

81,426,519

Minnesota 2.1%		
City of Minneapolis Minnesota,		
Refunding RB, Fairview Health		
Services, Series B (AGC), 6.50%,		
11/15/38	9,900	10,712,097
Nebraska 1.0%		
Nebraska Investment Finance Authority,		
Refunding RB, Series A:		
5.90%, 9/01/36	3,650	3,791,912
6.05%, 9/01/41	1,305	1,341,410
		5,133,322
	Par	
Municipal Bonds	(000)	Value
Nevada 8.0%		
Clark County Water Reclamation		
District, GO, Series A, 5.25%,		
7/01/34	\$ 11,140	