Edgar Filing: CARTER TERRY L - Form 4

CARTER T Form 4										
August 05, 2 FORM Check th if no lon	14 UNITED	Washington, D.C. 20549								
subject t Section Form 4 o Form 5	o SIAIEN 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934.							2005 verage rs per 0.5	
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the Public 30(h) of the 1	Utility Hol	lding Co	mpar	ny Act of 1	1935 or Section	I		
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> CARTER TERRY L			2. issuer raine und riener or ridding				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	Middle) 3. Date	3. Date of Earliest Transaction (Che					x an applicable)		
			$(10)(1+1) \neq (10)$				Director 10% Owner _X Officer (give title Other (specify below) CONTROLLER			
	(Street)		nendment, D onth/Day/Yea	-	al	1	 Individual or Joi Applicable Line) _X_ Form filed by O 	ne Reporting Per	rson	
SPOKANE	, WA 99201					Ī	Form filed by Mo Person	ore than One Rej	porting	
(City)	(State)	(Zip) Ta	ble I - Non-	Derivativ	e Secu	rities Acqu	ired, Disposed of,	or Beneficiall	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deeme Execution I any (Month/Day/Year)			Date, if Transactionor Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported	OwnershipInForm:BeDirect (D)Oor Indirect(I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Stock	08/04/2009		М	5,119 (1)	А	\$ 18.6083 (1)	13,966	D		
Common Stock	08/04/2009		S	5,119	D	\$ 30.5	8,847	D		
Common Stock							13,449	Ι	401(k)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. I Dei Sec (Ini
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 18.6083 (1)	08/04/2009		М	5,119 (1)	(2)	12/07/2010	Common Stock	5,119 <u>(1)</u>	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
CARTER TERRY L 601 W. FIRST AVE., SUITE 1600 SPOKANE, WA 99201			CONTROLLER			
Signatures						
/s/ Pamela A. Mull, Attorney-in-Fact	08/	05/2009				
**Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Share amounts and exercise price reflect an anti-dilution adjustment made in connection with the December 16, 2008 spin-off of Clearwater Paper Corporation.
- (2) The reporting person was granted the stock option on 12/7/2000 under the Issuer's 2000 Stock Incentive Plan. The option vested in two equal annual installments beginning on the first anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.