

Brogdon Christopher F  
Form SC 13D/A  
March 24, 2009

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

SCHEDULE 13D/A  
(Amendment No. 5)

Under the Securities Exchange Act of 1934

AdCare Health Systems, Inc.

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(Name of Issuer)

Common Stock, no par value

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(Title of Class of Securities)

00650W300

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(CUSIP Number)

Christopher F. Brogdon  
Connie B. Brogdon  
345 Heards Ferry Road NW  
Atlanta, GA 30328-4716  
(404) 386-9607

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

March 10, 2009

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(Date of Event Which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of §§ 240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box .

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be “filed” for the purpose of Section 18 of the Securities Exchange Act of 1934 (“Act”) or otherwise subject to the liabilities of the that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

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CUSIP No. 00650W300

1. NAMES OF REPORTING PERSONS

Christopher F. Brogdon

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)

(a) o  
(b) x

3. SEC USE ONLY

4. SOURCE OF FUNDS

PF

5. CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) o  
OR 2(e)

6. CITIZENSHIP OR PLACE OF ORGANIZATION

United States of America

7. SOLE VOTING POWER

0

NUMBER OF 8. SHARED VOTING POWER  
SHARES

BENEFICIALLY OWNED BY 730,142

EACH 9. SOLE DISPOSITIVE POWER  
REPORTING PERSON

0

10. SHARED DISPOSITIVE POWER

730,142

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

730,142

10. o

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES  
(SEE INSTRUCTIONS)

11. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

17.2%

12. TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)

IN

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CUSIP No. 00650W300

1. NAMES OF REPORTING PERSONS

Connie B. Brogdon

2. CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)

(a) o  
(b) x

3. SEC USE ONLY

4. SOURCE OF FUNDS

PF

5. CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEM 2(d) o  
OR 2(e)

6. CITIZENSHIP OR PLACE OF ORGANIZATION

United States of America

7. SOLE VOTING POWER

0

NUMBER OF 8. SHARED VOTING POWER  
SHARES

BENEFICIALLY 730,142  
OWNED BY

EACH 9. SOLE DISPOSITIVE POWER  
REPORTING

PERSON 0  
WITH

10. SHARED DISPOSITIVE POWER

730,142

11. AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

730,142

10. o

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES  
(SEE INSTRUCTIONS)

11. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

17.2%

12. TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)

IN

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Page 4 of 6 Pages  
Explanatory Note:

This Amendment No. 5 to Schedule 13D (this "Amendment") amends and restates, where indicated, the statement on Schedule 13D relating to the Common Stock of the Issuer filed by the Reporting Persons with the Securities and Exchange Commission on April 16, 2008 (the "Initial Statement"), as amended by Amendment No. 1, Amendment No. 2, Amendment No. 3 and Amendment No. 4 to Schedule 13D filed by the Reporting Persons with the Securities and Exchange Commission on May 8, 2008, June 4, 2008, July 15, 2008, and August 21, 2008, respectively (together, the "Previously Filed Amendments"). This Amendment is being made to disclose acquisitions by the Reporting Persons of additional shares of Common Stock and warrants to purchase Common Stock that were not previously reported on the Initial Statement or the Previously Filed Amendments. Capitalized terms used in this Amendment but not otherwise defined herein have the meanings ascribed to such terms in the Initial Statement. Except as otherwise set forth herein, this Amendment does not modify any of the information previously reported by the Reporting Persons in the Initial Statement or the Previously Filed Amendments.

Item Source and Amount of Funds or Other Consideration.

3.

The Reporting Persons reported the acquisition of beneficial ownership of 35,307 shares of Common Stock and warrants to purchase 62,500 shares of Common Stock for cash in an aggregate amount of \$80,290.55 using personal funds available on hand.

Item Interest in Securities of the Issuer.

5.

(a)-(b).

As of the date of this Amendment, the Reporting Persons held 278,450 shares of Common Stock and warrants to purchase 451,692 shares of Common Stock, which represents approximately 17.2% of the outstanding Common Stock as of November 14, 2008. The calculation of this percentage is based on 3,786,129 shares of Common Stock outstanding as of November 14, 2008, as disclosed by the Issuer in its Quarterly Report on Form 10-Q for the quarter ended September 30, 2008.

Each of the Reporting Persons may be deemed to beneficially own an aggregate of 730,142 shares of Common Stock, comprised of (i) 78,561 shares of Common Stock held of record by Mr. Brogdon; (ii) 85,392 shares of Common Stock that may be acquired by Mr. Brogdon upon the exercise of presently exercisable warrants held by Mr. Brogdon at an exercise price of \$5.40 per share; (iii) 185,889 shares of Common Stock held of record by Ms. Brogdon; (iv) 252,400 shares of Common Stock that may be acquired by Ms. Brogdon upon the exercise of presently exercisable warrants held by Ms. Brogdon at an exercise price of \$5.40 per share; (v) 14,000 shares of Common Stock held of record by Ms. Brogdon as custodian for the benefit of the Reporting Persons' minor child under the Uniform Gift to Minors Act; and (vi) 113,900 shares of Common Stock that may be acquired by Ms. Brogdon upon the exercise of presently exercisable warrants held by Mr. Brogdon as custodian for the benefit of the Reporting Persons' minor child under the Uniform Gift to Minors Act at an exercise price of \$5.40 per share.

The Cover Pages of this Amendment are incorporated herein by reference.

(c).

The following table sets forth all transactions by the Reporting Persons with respect to the Common Stock that were not previously reported in the Initial Statement or the Previously Filed Amendments.

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Trade Date	Number of Shares or Warrants Purchased	Purchase Price Per Share or Warrant	How Purchase Effected	Reporting Person
04/08/08	358	\$1.500	Open market	Ms. Brogdon
04/18/08	500	\$1.900	Open market	Mr. Brogdon
04/23/08*	4,000	\$0.237	Open market	Ms. Brogdon**
04/28/08	400	\$1.570	Open market	Mr. Brogdon
05/12/08*	3,000	\$0.400	Open market	Mr. Brogdon
05/16/08	2,825	\$1.800	Open market	Mr. Brogdon
05/23/08	500	\$2.000	Open market	Mr. Brogdon
06/04/08*	800	\$0.500	Open market	Mr. Brogdon
09/09/08*	1,700	\$0.450	Open market	Ms. Brogdon
09/10/08	2,164	\$2.100	Open market	Ms. Brogdon
09/12/08	5,000	\$2.000	Open market	Ms. Brogdon
09/24/08	2,000	\$1.850	Open market	Ms. Brogdon
09/24/08*	1,500	\$0.310	Open market	Ms. Brogdon
09/30/08	4,160	\$1.850	Open market	Ms. Brogdon
10/07/08*	4,200	\$0.310	Open market	Ms. Brogdon
10/09/08*	3,900	\$0.310	Open market	Ms. Brogdon
10/10/08*	5,000	\$0.299	Open market	Ms. Brogdon
10/13/08	3,000	\$1.506	Open market	Ms. Brogdon
10/16/08	1,500	\$1.500	Open market	Ms. Brogdon
10/16/08*	500	\$0.250	Open market	Ms. Brogdon
10/20/08*	100	\$0.250	Open market	Ms. Brogdon
10/23/08*	4,200	\$0.266	Open market	Ms. Brogdon
10/24/08	2,200	\$1.500	Open market	Ms. Brogdon
10/27/08	4,700	\$1.600	Open market	Ms. Brogdon
10/27/08*	13,600	\$0.205	Open market	Ms. Brogdon
11/17/08*	13,000	\$0.250	Open market	Ms. Brogdon
11/17/08*	5,000	\$0.250	Open market	Ms. Brogdon**
02/04/09	3,000	\$0.914	Open market	Ms. Brogdon
02/24/09	3,000	\$0.800	Open market	Ms. Brogdon**
03/10/09	2,000	\$0.040	Open market	Ms. Brogdon*

\* Represents purchase of warrants to purchase shares of Common Stock.

\*\* Purchased by Ms. Brogdon as custodian for the benefit of the Reporting Persons' minor child under the Uniform Gift to Minors Act.

(d). Not applicable.

(e). Not applicable.

SIGNATURES

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

March 24, 2009

(Date)

/s/ Christopher F. Brogdon

(Signature)

Christopher F. Brogdon

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

March 24, 2009

(Date)

/s/ Connie B. Brogdon

(Signature)

Connie B. Brogdon