UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of

The Securities Exchange Act of 1934

July 20, 2006

Date of Report (Date of earliest event reported)

CAPITAL ONE FINANCIAL CORPORATION

(Exact name of registrant as specified in its chapter)

Delaware (State or other jurisdiction

 $of\ incorporation)$

1-13300 (Commission File Number)

54-1719854 (IRS Employer Identification No.)

1680 Capital One Drive,

22102

McLean, Virginia (Address of principal executive offices)

(Zip Code)

Registrant s telephone number, including area code: (703) 720-1000

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- x Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition

On July 20, 2006, the Company issued a press release announcing its financial results for the second quarter ended June 30, 2006. A copy of the Company s press release is attached and filed herewith as Exhibit 99.1 to this Form 8-K and is incorporated herein by reference.

The Company s consolidated financial statements prepared in accordance with generally accepted accounting principles (GAAP) are referred to as its reported financial statements. Loans included in securitization transactions which qualified as sales under GAAP have been removed from the Company s reported balance sheet. However, servicing fees, finance charges, and other fees, net of charge-offs, and interest paid to investors of securitizations are recognized as servicing and securitizations income on the reported income statement.

The Company s managed consolidated financial statements reflect adjustments made related to effects of securitization transactions qualifying as sales under GAAP. The Company generates earnings from its managed loan portfolio which includes both the on-balance sheet loans and off-balance sheet loans. The Company s managed income statement takes the components of the servicing and securitizations income generated from the securitized portfolio and distributes the revenue and expense to appropriate income statement line items from which it originated. For this reason the Company believes the managed consolidated financial statements and related managed metrics to be useful to stakeholders.

Item 7.01. Regulation FD Disclosure.

The Company hereby furnishes the information in Exhibit 99.2 hereto, Second Quarter Earnings Presentation for the quarter ended June 30, 2006.

Note: Information in Exhibit 99.2 furnished pursuant to Item 7.01 shall not be deemed to be filed for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Furthermore, the information provided in Exhibit 99.2 shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933.

Item 8.01. Other Events.

	(a)	See attached press release, at Exhibit 99.1.
	(b)	Cautionary Factors.
num and	ber of that ac	ed press release and information provided pursuant to Items 2.02, 7.01 and 9.01 contain forward-looking statements, which involve a risks and uncertainties. The Company cautions readers that any forward-looking information is not a guarantee of future performance ctual results could differ materially from those contained in the forward-looking information as a result of various factors including, nited to, the following:
	conti	inued intense competition from numerous providers of products and services which compete with the Company s businesses;
	the s	uccess of the Company s marketing efforts;
	an in	acrease or decrease in credit losses (including increases due to a worsening of general economic conditions);
		bility of the Company to continue to securitize its credit cards and consumer loans and to otherwise access the capital markets at ctive rates and terms to capitalize and fund its operations and future growth;
		ncial, legal, regulatory, accounting changes or actions that may affect investment in, or the overall performance of, a product or ness, including changes in existing law and regulation affecting the credit card and consumer loan industry;
	chan	ges in interest rates;
		ral economic conditions affecting consumer income, spending and savings which may affect consumer bankruptcies and defaults, ge-offs, and deposit activity;
	custo	respect to financial and other products, changes in the Company s aggregate accounts or consumer loan balances and/or number of omers and the growth rate and composition thereof, including changes resulting from factors such as shifting product mix, amount of all marketing expenses made by the Company and attrition of accounts and loan balances;
	the a	mount of deposit growth;
	chan	ges in the reputation of the credit card industry and/or the Company with respect to practices or products;
	the C	Company s ability to successfully continue to diversify its assets;
	any s	significant disruption in our operations or technology platform;

the Company s ability to maintain a compliance infrastructure suitable for its size and complexity;

the amount of, and rate of growth in, the Company s expenses (including salaries and associate benefits and marketing expenses) as the Company s business develops or changes or as it expands into new market areas;

the ability of the Company to build the operational and organizational infrastructure necessary to engage in new businesses or to expand internationally;

the Company s ability to execute on its strategic and operational plans;

any significant disruption of, or loss of public confidence in, the United States Mail service affecting our response rates and consumer payments;

the ability of the Company to recruit and retain experienced personnel to assist in the management and operations of new products and services;

the ability to successfully integrate the Company s acquired businesses and achieve cost savings and other synergies;

the long-term impact of the Gulf Coast Hurricanes on the impacted region, including the amount of property, credit and other losses, the amount of investment, including deposits, in the region, and the pace and magnitude of economic recovery in the region;

the ability to obtain regulatory approvals of the proposed Capital One North Fork transaction on the proposed terms and schedule;

the failure of Capital One or North Fork stockholders to approve the transaction;

the exact timing of the close of the North Fork merger;

the magnitude of market-driven purchase accounting adjustments related to the close of the North Fork merger;

the risk that the businesses will not be integrated successfully;

the risk that the cost savings and any other synergies from the transaction may not be fully realized or may take longer to realize than expected;

disruption from the transaction making it more difficult to maintain relationships with customers, employees or suppliers; and

other risk factors listed from time to time in the Company $\,$ s SEC reports including, but not limited to, the Annual Report on Form 10-K for the year ended December 31, 2005.

Additional Information About the Capital One North Fork Transaction

In connection with the proposed merger between Capital One and North Fork, Capital One filed with the Securities and Exchange Commission (the SEC) a Registration Statement on Form S-4 that included a joint proxy statement of Capital One and North Fork that also constitutes a prospectus of Capital One. Capital One and North Fork mailed the joint proxy statement/prospectus to their respective stockholders on or about July 14, 2006. Investors and security holders are urged to read the definitive joint proxy statement/prospectus regarding the proposed merger because it contains important information. You may obtain a free copy of the definitive joint proxy statement/prospectus and other related documents filed by Capital One and North Fork with the SEC at the SEC s website at www.sec.gov. The definitive joint proxy statement/prospectus and the other documents may also be obtained for free by accessing Capital One s website at www.capitalone.com under the heading Investors and then under the heading SEC & Regulatory Filings or by accessing North Fork s website at www.northforkbank.com under the tab Investor Relations and then under the heading SEC Filings .

Participants in the Capital One North Fork Transaction

Capital One, North Fork and their respective directors, executive officers and certain other members of management and employees may be soliciting proxies from stockholders in favor of the merger. Information regarding the persons who may, under the rules of the SEC, be considered participants in the solicitation of the stockholders in connection with the proposed merger is set forth in the definitive joint proxy statement/prospectus that was with the SEC. You can find information about Capital One s executive officers and directors in Capital One s definitive proxy statement filed with the SEC on March 23, 2006. You can find information about North Fork s executive officers and directors in the Form 10-K/A filed with the SEC on April 28, 2006. You can obtain free copies of these documents from the Capital One or North Fork using the contact information above.

Item 9.01. Financial Statements, Pro Forma Financial Information and Exhibits.

(c) Exhibits.

Exhibit No.	Description of Exhibit
99.1	Press release, dated July 20, 2006. (This exhibit shall be deemed to be filed with this Form 8-K)
99.2	Second Quarter Earnings Presentation.

Earnings Conference Call Webcast Information.

Capital One will hold an earnings conference call on July 20, 2006, 5:00 PM Eastern time. The conference call will be accessible through live webcast. Interested investors and other interested individuals can access the webcast via Capital One s home page (http://www.capitalone.com). Choose Investors to access the Investor Center and view and/or download the earnings press release, a reconciliation to GAAP financial measures and other relevant financial information. The replay of the webcast will be archived on Capital One s website through July 31, 2006.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned, hereunto duly authorized.

Dated: July 20, 2006

CAPITAL ONE FINANCIAL CORPORATION

By: /s/ GARY L. PERLIN

Gary L. Perlin

Executive Vice President

and Chief Financial Officer

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