

EDIETS COM INC  
Form 8-K  
November 23, 2010

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): November 23, 2010**

**eDiets.com, Inc.**

**(Exact Name of Registrant as Specified in Charter)**

**Delaware**

**(State or Other Jurisdiction of Incorporation)**

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**000-30559**  
(Commission File Number)

**56-0952883**  
(IRS Employer Identification No.)

**1000 Corporate Drive**

**Suite 600**

**Fort Lauderdale, FL 33334**

(Address of Principal Executive Offices) (Zip Code)

**(954) 360-9022**

(Registrant's Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 7.01 Regulation FD Disclosure**

In compliance with Regulation FD, eDiets.com, Inc. (the Company ) is releasing a presentation which the Company intends on presenting at upcoming meetings. The presentation is furnished as Exhibit 99.1 to this Report.

**Item 9.01 Financial Statements and Exhibits**

As described in Item 7.01 of this Report, the following exhibit is furnished as part of this Current Report on Form 8-K.

*(d) Exhibits.*

<b>Exhibit No.</b>	<b>Description</b>
99.1	PowerPoint Presentation of eDiets.com, Inc.

**SIGNATURES**

Pursuant to the requirement of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

eDiets.com, Inc.

By: */s/* KEVIN N. McGRATH  
**Kevin N. McGrath**

**President and Chief Executive Officer**

Date: November 23, 2010

**EXHIBIT INDEX**

<b>Exhibit Number</b>	<b>Exhibit Title</b>
99.1	eDiets.com, Inc. Press Release, issued November 15, 2010.