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SINGLETO Form 4	N JOHN KNOX										
March 03, 2	2009										
FORM	Λ4		CECU	DIFIE					-	B APPROVAL	
Washington, D.C. 20549								N OMB Numbe			
Check this box if no longer subject to Section 16. Form 4 or			CHAN	NGES IN SECUI		FICL	AL O'	WNERSHIP O	Estimat	ed average hours per	
Form 5 obligation may corn See Insta 1(b).	ons Section 17((a) of the F	ublic U		ding Co	mpar	ny Act	nge Act of 1934 of 1935 or Sect 940			
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> SINGLETON JOHN KNOX			2. Issuer Name and Ticker or Trading Symbol HEALTHCARE REALTY TRUST					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (First) (Middle) 3. Date of Earliest Transaction _X_ Director						10% Owner			
TRUST IN	THCARE REAL CORPORATED, D AVENUE, SUI	TY 3310	(Month/) 03/03/2	Day/Year) 2009				Officer (gi below)	ve titlebelow	Other (specify)	
Filed				endment, D onth/Day/Yea	-	al		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
NASHVIL	LE, TN 37203							Person		ie reporting	
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivativ	e Secu	rities A	Acquired, Disposed	of, or Benef	icially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8) Code V	Disposed (Instr. 3,	l (A) of l of (E 4 and (A) or))	Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/03/2009			Р	500	A	\$13	9,500.2174	I	Living Trust	
Common Stock								12,921.72	D		
Common Stock								3,066.8009	I	Trustee for Adel Road Management	
Common Stock								2,506.305	I	IRA	

Reporting Owners

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Stock

Common

12,599.4629 I

Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	 5. ctionNumber of Derivati Securitic Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) 	(Month/Day ve es 1	Date	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code	V (A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address			Relationships						
	Director	10% Owner	Officer	Other					
SINGLETON JOHN KNOX C/O HEALTHCARE REALTY TRUST INCORPORATED 3310 WEST END AVENUE, SUITE 700 NASHVILLE, TN 37203									
Signatures									
/s/Rita H. Todd as power of attorney	03/03/2009								
**Signature of Reporting Person	Date								

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.