DOMINSKI MATTHEW Form 3 March 04, 2010 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number: 3235-0104 Expires: January 31, 2005 Estimated average burden hours per response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> DOMINSKI MATTHEW			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol FIRST INDUSTRIAL REALTY TRUST INC [FR]				
(Last)	(First)	(Middle)	03/03/2010	4. Relationship of Reporting Person(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)		
311 SOUTH DRIVE, SU		1	(Check all applicable)			,		
(Street)			XDirector10% Owner OfficerOther (give title below) (specify below)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting			
CHICAGO, IL 60606							Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I -	Non-Deriva	tive Securiti	es Be	neficially Owned	
1.Title of Security (Instr. 4)			2. Amount of Securiti Beneficially Owned (Instr. 4)		3.4. Nature of Indirect BeneficialOwnershipOwnershipForm:(Instr. 5)Direct (D)or Indirect(I)(Instr. 5)			
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)								
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Beneficially Owned (<i>e.g.</i> , puts, calls, warrants, options, convertible securities)								

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		Securities Underlying Derivative Security		4. Conversion or Exercise	5. Ownership Form of	(Instr. 5)	
			(Instr. 4)		Price of	Derivative		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I)		

(Instr. 5)

Reporting Owners

Reporting Owner Name / Address			Relationships					
			Director	10% Owner	Officer	Other		
	DOMINSKI MATTHEW 311 SOUTH WACKER DR SUITE 3900 CHICAGO, IL 60606	IVE	ÂX	Â	Â	Â		
	Signatures							
	/s/ Matthew S. Dominski	03/04	/2010					
	<u>**</u> Signature of Reporting Person	D	ate					

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.