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Form 4	n J									
March 01, 201										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									9PROVAL 3235-0287	
Check this		Washington, D.C. 20347								
if no longe subject to Section 16. Form 4 or Form 5	SIAIEN			SECUI	Estimated a burden hou response	irs per				
obligations may contin <i>See</i> Instruc 1(b).	Section 17(a) of the l	Public U	Itility Hol	ding Con		nge Act of 1934, of 1935 or Section 940			
(Print or Type Re	esponses)									
1. Name and Address of Reporting Person <u>*</u> Lippert Martin J			2. Issuer Name and Ticker or Trading Symbol METLIFE INC [MET]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	Middle)	3. Date of	of Earliest T	ransaction		(Check an applicable)			
200 PARK AVENUE			(Month/Day/Year) 02/28/2012				Director 10% Owner Officer (give title Other (specify below) EVP-Head of Global Technology			
	4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
NEW YORK	, NY 10166						Person		1 8	
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
	. Transaction Date Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8)	4. Securiti onAcquired (Disposed ((Instr. 3, 4	(A) or of (D)	Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						(D) Price	(Instr. 3 and 4)			
Reminder: Report	rt on a separate line	for each cl	ass of sec	urities bene	Person inform require	ns who restation cont ation cont ed to resp ys a curre	or indirectly. Spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8		Acquired (or Dispose (D) (Instr. 3, 4, and 5)	d of				
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 38.29	02/28/2012		A		32,800		<u>(1)</u>	02/27/2022	Common Stock	32,800
Donort	ing Ow	noro									

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Lippert Martin J 200 PARK AVENUE NEW YORK, NY 10166			EVP-Head of Global Technology					
Signatures								
Richard S. Collins, authorized signer		03/01/2012	2					
**Signature of Reporting Person		Date						
Explanation of Re	enon	696.						

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v). *

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option becomes exercisable in three equal installments on February 28, 2013, 2014, and 2015

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.