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Form 4										
February 28, 20	13							0.115		
FORM 4	UNITED	STATES					COMMISSION	N OMB	PPROVAL 3235-0287	
Check this bo	X		Wa	shington	Number:	January 31,				
if no longer subject to Section 16. Form 4 or Form 5	AENT OI		SECUI	Estimated burden hou response	Expires: 2005 Estimated average burden hours per response 0.5					
obligations may continue <i>See</i> Instructio 1(b).	Section 17(a) of the l	Public U	Itility Hol	lding Cor		nge Act of 1934, of 1935 or Section 940			
(Print or Type Resp	onses)									
1. Name and Address of Reporting Person <u>*</u> Carlson Peter M			2. Issuer Name and Ticker or Trading Symbol METLIFE INC [MET]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (I	Middle)	3. Date of Earliest Transaction					eck all applicabl	e)	
200 PARK AVENUE			(Month/Day/Year) 02/26/2013				Director 10% Owner X_ Officer (give title Other (specify below) EVP & Chief Accounting Officer			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
NEW YORK, N	Y 10166						Person		eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deem Execution any (Month/D		Date, if TransactionAcquired (A) or Code Disposed of (D) ay/Year) (Instr. 8) (Instr. 3, 4 and 5)			(A) or of (D)	SecuritiesFBeneficially()Owned()Following()Reported()	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D) Price	Transaction(s) (Instr. 3 and 4)			
Reminder: Report of	on a separate line	e for each cl	ass of sec	urities bene	-	-	-			
					inforn requii	nation cont ed to resp lys a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	or I (D) (Ins	equired (Dispose) istr. 3, 4 d 5)	ed of				
				Code	V ((A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 34.86	02/26/2013		А	13	3,636		<u>(1)</u>	02/25/2023	Common Stock	13,636
Restricted Stock Units	(2)	02/26/2013		А	4,	,545		(3)	(3)	Common Stock	4,545

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Carlson Peter M 200 PARK AVENUE NEW YORK, NY 10166			EVP & Chief Accounting Officer					
Signatures								
Christine M. DeBiase, authoriz signer	ed	02/28/20)13					

Date

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option becomes exercisable in three equal installments on February 26, 2014, 2015, and 2016.
- (2) Each share of Restricted Stock Unit represents the contingent right to receive one share of MetLife, Inc. Common Stock.
- (3) The award of Restricted Stock Units vests in three equal installments on February 26, 2014, 2015 and 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.