

HEALTHSTREAM INC
Form 4
July 29, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
POLLEY DALE W

(Last) (First) (Middle)

209 10TH AVENUE
SOUTH, SUITE 450

(Street)

NASHVILLE, TN 37203

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
HEALTHSTREAM INC [HSTM]

3. Date of Earliest Transaction
(Month/Day/Year)
07/26/2013

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	07/26/2013		M	3,750 A	\$ 3.21 10,750	D	
Common Stock	07/26/2013		M	6,000 A	\$ 3.53 16,750	D	
Common Stock	07/26/2013		M	6,000 A	\$ 2.99 22,750	D	
Common Stock	07/26/2013		M	10,000 A	\$ 2.45 32,750	D	
Common Stock	07/26/2013		M	15,000 A	\$ 4.66 47,750	D	

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Common Stock	07/26/2013		S	14,750	D	\$ 31.965 <u>(1)</u>	33,000	D
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 3.21	07/26/2013		M	3,750	09/11/2006 09/11/2016		Common Stock	3,750
Employee Stock Option (right to buy)	\$ 3.53	07/26/2013		M	6,000	05/24/2007 05/24/2017		Common Stock	6,000
Employee Stock Option (right to buy)	\$ 2.99	07/26/2013		M	6,000	05/29/2008 05/29/2018		Common Stock	6,000
Employee Stock Option (right to buy)	\$ 2.45	07/26/2013		M	5,000	05/28/2010 05/28/2017		Common Stock	5,000
Employee Stock Option	\$ 2.45	07/26/2013		M	5,000	05/28/2011 05/28/2017		Common Stock	5,000

(right to buy)

Employee Stock

Option	\$ 4.66	07/26/2013	M	5,000	06/28/2011	06/28/2018	Common Stock	5,000
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Employee Stock

Option	\$ 4.66	07/26/2013	M	5,000	06/28/2012	06/28/2018	Common Stock	5,000
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Employee Stock

Option	\$ 4.66	07/26/2013	M	5,000	06/28/2013	06/28/2018	Common Stock	5,000
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

POLLEY DALE W 209 10TH AVENUE SOUTH SUITE 450 NASHVILLE, TN 37203	X
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Signatures

Dale Polley	07/29/2013
<small>**Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This transaction was executed in multiple trades at prices ranging from \$31.61 to \$32.53. The price reported above reflects the weighted (1) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.