NAUTILUS, INC. Form 4 May 16, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * Murdock Robert O.

2. Issuer Name and Ticker or Trading Symbol

NAUTILUS, INC. [NLS]

3. Date of Earliest Transaction

(Month/Day/Year) 05/13/2016

NAUTILUS, INC., 17750 SE 6TH WAY

(Street)

(First)

(Middle)

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Director 10% Owner _X__ Officer (give title _ Other (specify below)

VP, GM Direct

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

VANCOUVER, WA 98683

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	05/13/2016		M	1,875	A	\$ 1.85	3,821	D	
Common Stock	05/13/2016		M	999	A	\$ 6.62	4,820	D	
Common Stock	05/13/2016		M	4,540	A	\$ 8.22	9,360	D	
Common Stock	05/13/2016		A(1)	712	A	\$ 16.69	10,072	D	
Common Stock	05/13/2016		S	9,360	D	\$ 20	712	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Stock Option (right-to-buy)	\$ 1.85	05/13/2016		M	1,875	(2)	08/05/2018	Common Stock	1,875
Stock Option (right-to-buy)	\$ 6.62	05/13/2016		M	999	(3)	05/02/2020	Common Stock	999
Stock Option (right-to-buy)	\$ 8.22	05/13/2016		M	4,540	<u>(4)</u>	02/13/2021	Common Stock	9,080

Reporting Owners

Reporting Owner Name / Address	Kelationships						
•	Director	10% Owner	Officer	Other			
Murdock Robert O.							

Murdock Robert O.
NAUTILUS, INC.
17750 SE 6TH WAY
VANCOUVER, WA 98683

VP. GM Direct

Signatures

/s/ Wayne M. Bolio, Attorney-in-fact for Robert O.
Murdock
05/16/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were acquired pursuant to the issuer's Employee Stock Purchase Plan in a transaction that was exempt under Rule 16b-3.

Reporting Owners 2

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- (2) The option becomes exercisable in four annual installments on each anniversary of August 5, 2011, the date of grant.
- (3) Option becomes exercisable as to one-third of the shares on May 2, 2014, and as to an additional one-third on May 2, 2015 and 2016, respectively.
- Option becomes exercisable as to one-third of the total shares on February 13, 2015, and as to an additional one-third of the total shares on February 13, 2016 and 2017, respectively.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.