

Owen Steven K
 Form 4
 February 13, 2019

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2015
 Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Owen Steven K

2. Issuer Name and Ticker or Trading Symbol
 CONTINENTAL RESOURCES, INC [CLR]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 P.O. BOX 268836, 20 N. BROADWAY
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 08/04/2017

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 SVP, Land

OKLAHOMA CITY, OK 73126

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	08/04/2017		W	(A) or (D) 1,500 (1)	\$ 0 107,145 (2)	D	
Common Stock	08/04/2017		G	(A) or (D) 1,500 (1)	\$ 0 105,645 (2)	D	
Common Stock	08/04/2017		G	(A) or (D) 1,500 (1)	\$ 0 1,500 (2)	I	Held jointly with spouse (1)
Common Stock	02/11/2019		A	(A) or (D) 26,311	\$ 0 129,188 (3)	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Beneficially (Instr. 3, 4, and 5)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Owen Steven K P.O. BOX 268836 20 N. BROADWAY OKLAHOMA CITY, OK 73126			SVP, Land	

Signatures

/s/ Eric S. Eissenstat,
Attorney-In-Fact

02/13/2019

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares reported were inherited as part of a larger group of assets received by Mr. Owen on the date indicated. On the same date, Mr. Owen transferred all of the assets, including the reported shares, by gift to an account held jointly with his spouse. The account was established with the intent of holding all of the assets inherited for the benefit of Mr. Owen's children. Subsequent to the gift transfer, Mr. Owen determined the inherited assets included the shares reported hereby and this report is filed to update Mr. Owen's ownership. Mr. Owen disclaims beneficial ownership of the shares held in the account.

(2) The amount reported reflects Mr. Owen's ownership as of August 4, 2017. All subsequent reports are deemed updated by the information reported hereby.

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- Includes 35,474 shares of restricted common stock which vest on February 15, 2019; 23,301 shares of restricted common stock which
- (3) vest on February 15, 2020; 23,590 shares of restricted common stock which vest on February 15, 2021; and 26,311 shares of restricted common stock which vest on February 15, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.