Fiddner Carl H Form 4 July 19, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB

Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

burden hours per

1(b).

Stock

Stock

Common

07/16/2010

(Print or Type Responses)

1. Name and Address of Reporting Person * Fiddner Carl H			2. Issuer Name and Ticker or Trading Symbol ARENA RESOURCES INC [ARD]					-	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M	fiddle)	3. Date of Earliest Transaction					(Check all applicable)				
11701 S. OSWEGO AVE.			(Month/Day/Year) 07/16/2010						e titleOth	6 Owner er (specify		
(Street)			4. If Amendment, Date Original					below) below) 6. Individual or Joint/Group Filing(Check				
	Filed(Month/Day/Yea				Č				Applicable Line) _X_Form filed by One Reporting Person			
TULSA, OK 74137								Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table	e I - Non-l	De	erivative S	ecurit	ties Acq	quired, Disposed (of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	med on Date, if Day/Year)	3. Transact Code (Instr. 8)	ransaction(A) or Disposed of ode (D)			of	5. Amount of Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported Transaction(s)			
				Code V	V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	07/16/2010			D		1,286	D	<u>(1)</u>	0	I	Roth IRA	
Common	07/16/2010			D		7,450	D	<u>(1)</u>	0	I	IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

D

40,000 D

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SEC 1474

(9-02)

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<u>(1)</u>

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 23.42	07/16/2010		D	40,000	(2)	11/01/2012	Common Stock	40,000
Stock Option	\$ 37.85	07/16/2010		D	25,000	(3)	06/17/2013	Common Stock	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Othe			
Fiddner Carl H							
11701 S. OSWEGO AVE.	X						

11701 S. OSWEGO AVE. TULSA, OK 74137

Signatures

Carl H. Fiddner 07/16/2010

**Signature of Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Disposed of pursuant to merger agreement among the issuer, SandRidge Energy, Inc. and Steel Subsidiary Corporation in exchange for an aggregate of 232,816 shares of SandRidge common stock and other merger consideration, with an imputed value of \$35.93 per share.
- (2) This option was vested and deemed exercised in exchange for 76,253 shares of SandRidge Energy, Inc. common stock pursuant to merger agreement among the issuer, SandRidge and Steel Subsidiary Corporation.
- (3) This "out of the money" option was cancelled pursuant to the merger agreement among the issuer, SandRidge Energy, Inc. and Steel Subsidiary Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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