Baer Karl Form 4 January 03, 2007

## FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person \* Baer Karl

> (First) (Middle)

**GENERAL PHYSICS** CORPORATION, 11 MAIN **STREET** 

MYSTIC, CT 06355

(Street)

2. Issuer Name and Ticker or Trading Symbol

GP STRATEGIES CORP [GPX]

3. Date of Earliest Transaction (Month/Day/Year) 12/28/2006

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

**OMB APPROVAL** 

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

**OMB** 

Number:

Expires:

response...

Director 10% Owner \_X\_\_ Officer (give title Other (specify below)

**Executive Vice President** 

6. Individual or Joint/Group Filing(Check Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned of

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock (1)	12/28/2006	M	11,972	A	\$ 6.47	35,295 <u>(3)</u>	D	
Common Stock (1)	12/28/2006	D	11,972	D	\$ 8.3	23,323 (3)	D	
Common Stock (2)	12/28/2006	M	35,915	A	\$ 3.68	59,238 <u>(3)</u>	D	
Common Stock (2)	12/28/2006	F	22,211	D	\$ 8.3	37,027 (3)	D	
Common Stock	12/29/2006	S	13,704	D	\$ 8.3	23,323 (3)	D	

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Common Stock	12/29/2006	M	4,789	A	\$ 4.33	28,112 (3)	D	
Common Stock	12/29/2006	S	4,789	D	\$ 8.3	23,323 (3)	D	
Common Stock						5,586	I	GP 401(k) Retirement Savings Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying (Instr. 3 an
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Stock Appreciation Right (4)	\$ 6.47	12/28/2006		A	11,972		12/28/2006	12/28/2006	Common Stock
Stock Appreciation Right (4)	\$ 6.47	12/28/2006		M		11,972	12/28/2006	12/28/2006	Common
Stock Appreciation Right (5)	\$ 3.68	12/28/2006		A	35,915		12/28/2006	12/29/2006	Common
Common Stock (5)	\$ 3.68	12/28/2006		M		35,915	12/28/2006	12/29/2006	Common
Common Stock	\$ 4.33	12/29/2006		A	4,789		02/24/2000(6)	02/24/2010	Common Stock
Common Stock	\$ 4.33	12/29/2006		S		4,789	02/24/2000(6)	02/24/2010	Common

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## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Baer Karl GENERAL PHYSICS CORPORATION 11 MAIN STREET MYSTIC, CT 06355

**Executive Vice President** 

## **Signatures**

Lydia M. DeSantis for Karl Baer 01/03/2007

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects cash settlement of stock appreciation right grant on 12/28/06 with respect to previously reported stock options.
- (2) Reflects exercise for stock of stock appreciation right granted on 12/28/06 with respect to previously reported stock options.
- (3) Includes 23,000 shares of Restricted Stock
- (4) The stock appreciation right is granted with respect to previously reported stock options and may be exercised for cash or stock at the option of the holder. The exercise of the stock appreciation right results in the expiration of the related stock options.
- (5) The stock appreciation right is granted with respect to previously reported stock options and may be exercised for stock. The exercise of the stock appreciation right results in the expiration of the related stock options.
- (6) Exercisable cumulatively at the rate of 20% per annuam commencing on February 24, 2000.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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