#### MATROS RICHARD K

Form 4 May 10, 2011

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

**OMB APPROVAL** 

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

*See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MATROS RICHARD K			2. Issuer Name and Ticker or Trading Symbol Sabra Health Care REIT, Inc. [SBRA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)  C/O SABRA REIT, INC., SUITE 550			3. Date of Earliest Transaction (Month/Day/Year) 05/06/2011	X Director 10% OwnerX Officer (give title Other (specify below) Chairman, CEO and President			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)			

**IRVINE, CA 92612** 

Applicable Line)	
_X_ Form filed by One Reporting Person	
Form filed by More than One Reportin	g
Person	

(City)	(State)	(Zip) Tab	le I - N	on-I	Derivative	Secur	ities Acq	uired, Disposed o	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code		4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			Beneficially Form: Owned Direct (D) Following or Indirect	Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	05/06/2011		M		45,657	A	\$ 11.99	253,654 (1)	D	
Common Stock	03/15/2011		G	V	23,287 (2)	D	\$ 0	230,367 (1)	D	
Common Stock	04/15/2011		G	V	7,857 (2)	D	\$ 0	222,510 (1)	D	
Common Stock	05/06/2011		G	V	45,657 (2)	D	\$ 0	176,853 <u>(1)</u>	D	
								231,795 (3)	I	

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Common Stock

By R&A Matros Revocable Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	vative Expiration Date rities (Month/Day/Year) varied (A) sposed of c. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to	\$ 11.99	05/06/2011		M	45,657	<u>(4)</u>	05/18/2011	Common Stock	45,657

# **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

MATROS RICHARD K C/O SABRA HEALTH CARE REIT, INC. 18500 VON KARMAN, SUITE 550 IRVINE, CA 92612

X Chairman, CEO and President

### **Signatures**

Buy)

/s/Richard K. 05/10/2011 Matros

\*\*Signature of Date Reporting Person

Reporting Owners 2

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 176,853 unvested restricted stock units that, upon vesting, will be paid on a one-for-one basis in shares of the Issuer's Common Stock.
- (2) Represents the transfer of shares to the R&A Matros Revocable Trust.
- (3) Includes 76,801 shares transferred to the R&A Matros Revocable Trust as reported herein.
- (4) The option became exercisable at the rate of 25% on each of May 19, 2005, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.