Post Holdings, Inc. Form 4 September 01, 2015									
		OMB APPROVAL							
UNITED STA	E COMMISSION OMB Number: 3235-0287								
Check this box if no longer subject to Section 16. Form 4 or	Γ OF CHANGES IN BENEFICIAL O' SECURITIES	WNERSHIP OF Expires: January 31, 2005 Estimated average burden hours per response 0.5							
Form 5 obligations may continue. See Instruction 1(b). Form 5 obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type Responses)									
1. Name and Address of Reporting Person CALLISON EDWIN H	 ⁿ[*] 2. Issuer Name and Ticker or Trading Symbol Post Holdings, Inc. [POST] 	5. Relationship of Reporting Person(s) to Issuer							
(Last) (First) (Middle	(Check all applicable)								
C/O POST HOLDINGS, INC., 25 S. HANLEY ROAD	(Month/Day/Year) 503 08/31/2015	X_ Director10% Owner Officer (give titleOther (specify below)Other (specify							
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 							
ST. LOUIS, MO 63144		Person							
(City) (State) (Zip)	Table I - Non-Derivative Securities A	Acquired, Disposed of, or Beneficially Owned							
(Instr. 3) any	Deemed 3. 4. Securities ution Date, if TransactionAcquired (A) or Code Disposed of (D) hth/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or	5. Amount of Securities6. Ownership Form: Direct7. Nature of IndirectBeneficially Owned(D) or IndirectBeneficial BeneficialOwned Following Transaction(s) (Instr. 3 and 4)(Instr. 4)							
	Code V Amount (D) Price								
Reminder: Report on a separate line for ea	Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of SEC 1474								
information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.									

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr.	8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Post Holdings, Inc. Stock Equivalents	<u>(1)</u>	08/31/2015		А		212.754		(2)	(2)	Common Stock	212.754

Reporting Owners

Reporting Owner Name / Address	Relationships						
http://mg o wher raine / rauress	Director	10% Owner	Officer	Other			
CALLISON EDWIN H C/O POST HOLDINGS, INC. 2503 S. HANLEY ROAD ST. LOUIS, MO 63144	Х						
Signatures							
/s/ Diedre J. Gray, Attorney-in-Fact		09/01/2015					
**Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Reporting Person's retainers and fees earned as a Director of Issuer are deferred into Post Holdings, Inc. stock equivalents under the Issuer's Deferred Compensation Plan for Non-Management Directors. Reporting Person is credited with stock equivalents as soon as administratively practicable following the month in which such retainers and fees are earned. The value of these stock equivalents is distributed (on a one-for-one basis) in the form of cash upon retirement from the Board of Directors.

(2) The stock equivalents have no fixed exercisable or expiration dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.