

STIRITZ WILLIAM P

Form 5

October 11, 2017

FORM 5**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**Check this box if
no longer subject
to Section 16.Form 4 or Form
5 obligations
may continue.See Instruction
1(b).Form 3 Holdings
Reported

Form 4

Transactions

Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL
OWNERSHIP OF SECURITIES**Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0362Expires: January 31,
2005Estimated average
burden hours per
response... 1.01. Name and Address of Reporting Person *
STIRITZ WILLIAM P

(Last)

(First)

(Middle)

C/O POST HOLDINGS,
INC., 2503 S. HANLEY ROAD

(Street)

ST. LOUIS, MO 63144

(City)

(State)

(Zip)

2. Issuer Name and Ticker or Trading
Symbol
Post Holdings, Inc. [POST]3. Statement for Issuer's Fiscal Year Ended
(Month/Day/Year)
09/30/20174. If Amendment, Date Original
Filed (Month/Day/Year)5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

☒ Director☐ 10% Owner☐ Officer (give title
below)☐ Other (specify
below)

6. Individual or Joint/Group Reporting

(check applicable line)

☒ Form Filed by One Reporting Person☐ Form Filed by More than One Reporting
Person**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock	05/10/2017	Â	P4	5,000	A	\$ 80.5	35,000	I	By Daughter <u>(1)</u>
Common Stock	05/17/2017	Â	P4	5,000	A	\$ 80.4988 <u>(2)</u>	38,091	I	By Son <u>(1)</u>
Common Stock	05/19/2017	Â	P4	2,500	A	\$ 81.86	37,500	I	By Daughter

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Common Stock	05/23/2017	Â	P4	2,500	A	\$ (3) 83.0496	40,000	I	(1) By Daughter (1)
Common Stock	06/07/2017	Â	P4	2,928	A	\$ (4) 82.6455	42,928	I	By Daughter (1)
Common Stock	Â	Â	Â	Â	Â	Â	1,412,362	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	169,369	I	By Trust
Common Stock	Â	Â	Â	Â	Â	Â	250,073	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. of of D Se Bo O Er Is Fi (I
					(A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
STIRITZ WILLIAM P C/O POST HOLDINGS, INC. 2503 S. HANLEY ROAD ST. LOUIS, MO 63144	Â X	Â	Â	Â

Signatures

/s/ Diedre J. Gray,
Attorney-in-Fact

10/11/2017

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Adult child that does not reside in the Reporting Person's household in which the Reporting Person had shared investment powers. As of the date of this report, the Reporting Person no longer has shared investment powers with these adult children.
- (2) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$80.47 to \$80.53 per share.
- (3) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$83.04 to \$83.05 per share.
- (4) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$82.64 to \$82.66 per share.

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Remarks:

TheÂ reportingÂ personÂ undertakesÂ toÂ provideÂ toÂ theÂ issuer,Â anyÂ securityÂ holderÂ ofÂ theÂ issuer,Â orÂ theÂ

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure.

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