

HEALTHWAYS, INC
Form 10-Q
April 07, 2006

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 10-Q

Quarterly Report under Section 13 or 15(d) of the Securities Exchange Act of 1934

For the Quarterly Period Ended February 28, 2006

or

Transition Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

For the transition period from _____ to _____

Commission File Number 000-19364

HEALTHWAYS, INC.

(Exact Name of Registrant as Specified in its Charter)

Delaware

62-1117144

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(State or Other Jurisdiction of
Incorporation or Organization)

(I.R.S. Employer
Identification No.)

3841 Green Hills Village Drive, Nashville, TN 37215

(Address of Principal Executive Offices) (Zip Code)

615-665-1122

(Registrant's Telephone Number, Including Area Code)

American Healthways, Inc.

(Former name, former address and former fiscal year, if changed since last report)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

Yes No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, or a non-accelerated filer. See definition of accelerated filer and large accelerated filer in Rule 12b-2 of the Exchange Act. (Check one):

Large accelerated filer Accelerated filer Non-accelerated filer

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

Yes No

As of April 3, 2006 there were outstanding 34,515,322 shares of the Registrant's Common Stock, par value \$.001 per share.

Healthways, Inc.

Form 10-Q

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Part I**Item 1. Financial Statements****HEALTHWAYS, INC.****CONSOLIDATED BALANCE SHEETS****(In thousands)****(Unaudited)****ASSETS**

| | February 28, 2006 | August 31, 2005 ⁽¹⁾ |
|---|------------------------------|---|
| Current assets: | | |
| Cash and cash equivalents | \$ 101,781 | \$ 63,467 |
| Restricted cash | | 3,811 |
| Accounts receivable, net | 48,494 | 40,697 |
| Prepaid expenses and other current assets | 7,891 | 5,681 |
| Income taxes receivable | 1,162 | |
| Deferred tax asset | 3,783 | 3,305 |
| Total current assets | 163,111 | 116,961 |
| Property and equipment: | | |
| Leasehold improvements | 13,826 | 12,836 |
| Computer equipment and related software | 70,574 | 61,772 |
| Furniture and office equipment | 16,933 | 16,294 |
| | 101,333 | 90,902 |
| Less accumulated depreciation | (60,960) | (51,114) |
| | 40,373 | 39,788 |

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| | | |
|------------------------|------------|------------|
| Other assets | 2,203 | 2,065 |
| Intangible assets, net | 14,154 | 16,120 |
| Goodwill, net | 96,090 | 96,020 |
| | <hr/> | <hr/> |
| Total assets | \$ 315,931 | \$ 270,954 |
| | <hr/> | <hr/> |

⁽¹⁾ Certain items have been reclassified to conform to current classifications.

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.**CONSOLIDATED BALANCE SHEETS****(In thousands, except share and per share data)****(Unaudited)****LIABILITIES AND STOCKHOLDERS EQUITY**

| | February 28, 2006 | August 31, 2005 ⁽¹⁾ |
|---|------------------------------|---|
| Current liabilities: | | |
| Accounts payable | \$ 4,458 | \$ 3,622 |
| Accrued salaries and benefits | 28,426 | 26,845 |
| Accrued liabilities | 3,904 | 5,006 |
| Contract billings in excess of earned revenue | 22,724 | 8,037 |
| Income taxes payable | | 660 |
| Current portion of long-term debt | 171 | 163 |
| Current portion of long-term liabilities | 2,063 | 1,984 |
| Total current liabilities | 61,746 | 46,317 |
| Long-term debt | 329 | 416 |
| Long-term deferred tax liability | 2,955 | 8,236 |
| Other long-term liabilities | 9,799 | 9,055 |
| Stockholders' equity: | | |
| Preferred stock | | |
| \$.001 par value, 5,000,000 shares authorized, none outstanding | | |
| Common stock | | |
| \$.001 par value, 75,000,000 shares authorized, 34,463,535 and 33,808,518 shares outstanding | 34 | 34 |
| Additional paid-in capital | 129,808 | 109,425 |
| Retained earnings | 111,260 | 97,471 |
| Total stockholders' equity | 241,102 | 206,930 |

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| | | | | |
|--|----|---------|----|---------|
| Total liabilities and stockholders' equity | \$ | 315,931 | \$ | 270,954 |
|--|----|---------|----|---------|

⁽¹⁾ Certain items have been reclassified to conform to current classifications.

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

CONSOLIDATED STATEMENTS OF OPERATIONS

(In thousands, except earnings per share data)

(Unaudited)

| | Three Months Ended February 28, | | Six Months Ended February 28, | |
|--|------------------------------------|-----------|----------------------------------|------------|
| | 2006 | 2005 | 2006 | 2005 |
| Revenues | \$ 100,021 | \$ 75,337 | \$ 190,612 | \$ 146,523 |
| Cost of services | 70,859 | 48,132 | 134,703 | 94,103 |
| Gross margin | 29,162 | 27,205 | 55,909 | 52,420 |
| Selling, general and administrative expenses | 10,919 | 7,287 | 21,042 | 13,460 |
| Depreciation and amortization | 5,825 | 5,493 | 11,488 | 10,955 |
| Interest expense | 257 | 472 | 512 | 1,114 |
| Income before income taxes | 12,161 | 13,953 | 22,867 | 26,891 |
| Income tax expense | 4,828 | 5,512 | 9,078 | 10,687 |
| Net income | \$ 7,333 | \$ 8,441 | \$ 13,789 | \$ 16,204 |
| Earnings per share: | | | | |
| Basic | \$ 0.21 | \$ 0.26 | \$ 0.40 | \$ 0.49 |
| Diluted | \$ 0.20 | \$ 0.24 | \$ 0.38 | \$ 0.46 |
| Weighted average common shares and equivalents: | | | | |
| Basic | 34,321 | 33,073 | 34,140 | 32,997 |
| Diluted | 36,300 | 35,490 | 36,136 | 35,390 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

CONSOLIDATED STATEMENT OF CHANGES IN STOCKHOLDERS EQUITY

For the Six Months Ended February 28, 2006

(In thousands)

(Unaudited)

| | Preferred Stock | Common Stock | Additional Paid-in Capital | Retained Earnings | Total |
|---|----------------------------|-------------------------|---|------------------------------|--------------|
| Balance, August 31, 2005 | \$ | \$ 34 | \$ 109,425 | \$ 97,471 | \$ 206,930 |
| Net income | | | | 13,789 | 13,789 |
| Exercise of stock options and other | | | 4,484 | | 4,484 |
| Tax benefit of option exercises | | | 9,342 | | 9,342 |
| Share-based employee compensation expense | | | 6,557 | | 6,557 |
| Balance, February 28, 2006 | \$ | \$ 34 | \$ 129,808 | \$ 111,260 | \$ 241,102 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.**CONSOLIDATED STATEMENTS OF CASH FLOWS****(In thousands)****(Unaudited)**

| | Six Months Ended | |
|---|-------------------------|---------------------------|
| | February 28, | |
| | 2006 | 2005⁽¹⁾ |
| Cash flows from operating activities: | | |
| Net income | \$ 13,789 | \$ 16,204 |
| Adjustments to reconcile net income to net cash provided by operating activities: | | |
| Depreciation and amortization | 11,488 | 10,955 |
| Amortization of deferred loan costs | 237 | 272 |
| Share-based employee compensation expense | 6,557 | 295 |
| Excess tax benefits from share-based payment arrangements | (8,935) | 2,878 |
| Increase in accounts receivable, net | (7,797) | (7,073) |
| Increase in other current assets | (3,372) | (2,490) |
| Increase (decrease) in accounts payable | 836 | (5,678) |
| Increase in accrued salaries and benefits | 1,581 | 6,175 |
| Increase (decrease) in other current liabilities | 22,269 | (3,818) |
| Deferred income taxes | (5,762) | |
| Other | 2,051 | 1,048 |
| Decrease in other assets | 206 | 319 |
| Payments on other long-term liabilities | (1,221) | (650) |
| Net cash flows provided by operating activities | 31,927 | 18,437 |
| Cash flows from investing activities: | | |
| Acquisition of property and equipment | (10,108) | (5,035) |
| Business acquisitions, net of cash acquired | (70) | 1,176 |
| Proceeds from sale of investments | | 2,000 |
| Purchases of investments | | (2,000) |
| Net cash flows used in investing activities | (10,178) | (3,859) |
| Cash flows from financing activities: | | |

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| | | |
|---|------------|-----------|
| Decrease (increase) in restricted cash | 3,811 | (1,930) |
| Proceeds from issuance of long-term debt | | 48,000 |
| Deferred loan costs | (581) | (730) |
| Excess tax benefits from share-based payment arrangements | 8,935 | |
| Payments of long-term debt | (79) | (78,150) |
| Exercise of stock options | 4,479 | 1,601 |
| | <hr/> | <hr/> |
| Net cash flows provided by (used in) financing activities | 16,565 | (31,209) |
| | <hr/> | <hr/> |
| Net increase (decrease) in cash and cash equivalents | 38,314 | (16,631) |
| Cash and cash equivalents, beginning of period | 63,467 | 45,147 |
| | <hr/> | <hr/> |
| Cash and cash equivalents, end of period | \$ 101,781 | \$ 28,516 |
| | <hr/> | <hr/> |

⁽¹⁾ Certain items have been reclassified to conform to current classifications.

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS

(Unaudited)

(1) Interim Financial Reporting

The accompanying consolidated financial statements of Healthways, Inc. (formerly American Healthways, Inc.) and its wholly-owned subsidiaries for the six months ended February 28, 2006 and 2005 are unaudited. However, in our opinion, the financial statements reflect all adjustments consisting of normal, recurring accruals necessary for a fair presentation. We have reclassified certain items in prior periods to conform to current classifications.

We have omitted certain financial information that is normally included in financial statements prepared in accordance with accounting principles generally accepted in the United States but that is not required for interim reporting purposes. You should read the accompanying consolidated financial statements in conjunction with the financial statements and notes thereto included in our Annual Report on Form 10-K for the fiscal year ended August 31, 2005.

(2) Restricted Cash

Restricted cash at August 31, 2005 represented funds held in escrow in connection with a contractual requirement with a customer (see Note 7). In accordance with the terms of the contract, in January 2006 the entire \$3.8 million was released from escrow and reclassified to cash and cash equivalents as our first-year results were validated with the customer.

(3) Share-Based Compensation

We have several shareholder-approved stock incentive plans for employees. We currently have three types of share-based awards outstanding under these plans: stock options, restricted stock, and restricted stock units. We believe that such awards align the interests of our employees with those of our stockholders. Prior to September 1, 2005, we accounted for these plans under the recognition and measurement provisions of Accounting Principles Board Opinion (APB) No. 25, Accounting for Stock Issued to Employees and related interpretations, as permitted by Statement of Financial Accounting Standards (SFAS or Statement) No. 123, Accounting for Stock-Based Compensation.

For the three and six months ended February 28, 2005, we recorded compensation expense under APB No. 25 of approximately \$0.1 million and \$0.3 million, respectively. This expense resulted primarily from the grant, which was subject to stockholder approval, of stock options to two new directors of the Company in June 2003. We obtained such approval at the Annual Meeting of Stockholders in January 2004, at which time we issued the options. We generally recognize compensation expense related to fixed award stock options with graded vesting on a straight-line basis over the vesting period.

Effective September 1, 2005, we adopted SFAS No. 123(R), Share-Based Payment, using the modified prospective transition method. Under the modified prospective transition method, recognized compensation cost for the six months ended February 28, 2006 includes 1) compensation cost for all share-based payments granted prior to, but not yet vested as of, September 1, 2005, based on the grant date fair value estimated in accordance with the original provisions of Statement 123; and

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2) compensation cost for all share-based payments granted on or after September 1, 2005, based on the grant date fair value estimated in accordance with Statement 123(R). In accordance with the modified prospective method, we have not restated prior period results.

For the three and six months ended February 28, 2006, we recognized share-based compensation costs of \$3.3 million and \$6.6 million respectively, which consisted of \$1.6 million and \$3.2 million in cost of services and \$1.7 million and \$3.4 million in selling, general and administrative expenses, respectively. We also recognized a total income tax benefit in the income statement for share-based compensation arrangements of \$1.3 million and \$2.6 million for the three and six months ended February 28, 2006. We did not capitalize any share-based compensation costs.

As a result of adopting Statement 123(R), income before income taxes and net income for the three months ended February 28, 2006 were \$3.3 million and \$2.0 million lower, respectively, than if we had continued to account for share-based compensation under APB 25. These amounts were \$6.6 million and \$4.0 million lower, respectively, for the six months ended February 28, 2006. The effect of adopting Statement 123(R) on basic and diluted earnings per share for the three months ended February 28, 2006 was \$0.06 and \$0.05 per share, respectively. The resulting reduction in basic and diluted earnings per share for the six months ended February 28, 2006 was \$0.12 and \$0.11 per share, respectively.

Prior to adopting Statement 123(R), we presented the tax benefit of stock option exercises as operating cash flows. Statement 123(R) requires that tax benefits resulting from tax deductions in excess of the compensation cost recognized for those options be classified as financing cash flows.

Statement 123(R) also requires companies to calculate an initial pool of excess tax benefits available at the adoption date to absorb any tax deficiencies that may be recognized under Statement 123(R). The pool includes the net excess tax benefits that would have been recognized if the company had adopted Statement 123 for recognition purposes on its effective date.

We have elected to calculate the pool of excess tax benefits under the alternative transition method described in FASB Staff Position (FSP) No. FAS 123(R)-3, Transition Election Related to Accounting for Tax Effects of Share-Based Payment Awards, which also specifies the method we must use to calculate excess tax benefits reported on the statement of cash flows. The excess tax benefits from share-based payment arrangements classified as a financing cash inflow for the six months ended February 28, 2006 of \$8.9 million would not have been materially different if we had not adopted Statement 123(R); however, they would have been classified as an operating cash inflow rather than as a financing cash inflow.

The following table illustrates the effect on net income and earnings per share if we had applied the fair value recognition provisions of SFAS No. 123 to stock-based employee compensation for the three and six months ended February 28, 2005:

As noted above, we have several stockholder-approved stock incentive plans for employees under which we have granted non-qualified stock options, restricted stock, and restricted stock units. We typically grant options under these plans at market value on the date of grant. The options generally vest over or at the end of four years. Options granted on or after August 24, 2005 expire seven years from the date of grant, while options granted before August 24, 2005 expire ten years from the date of grant. Restricted share awards generally vest at the end of four years. Certain option and restricted share awards provide for accelerated vesting upon a change in control or normal or early retirement (as defined in the plans). At February 28, 2006, we have reserved approximately 627,000 shares for future equity grants.

As of February 28, 2006, there was \$30.6 million of total unrecognized compensation cost related to nonvested share-based compensation arrangements granted under the stock incentive plans. That cost is expected to be recognized over a weighted average period of 2.7 years.

Stock Options

In June 2005, we changed from the Black-Scholes option valuation model (Black-Scholes model) to a lattice-based binomial option valuation model (lattice binomial model), which we consider preferable to the Black-Scholes model because the lattice binomial model considers characteristics of fair value option pricing, such as an option's contractual term and the probability of exercise before the end of the contractual term, that are not available under the Black-Scholes model. For the three and six months ended February 28, 2006, we contracted with a third party to assist in developing the assumptions, noted in the table below, used in estimating the fair values of stock options. For the three and six months ended February 28, 2006, we based expected volatility on both historical volatility and implied volatility from traded options on the Company's stock. The expected term of options granted was derived from the output of the lattice binomial model and represents the period of time that options granted are expected to be outstanding. We used historical data to estimate expected option exercise and post-vesting employment termination behavior within the lattice binomial model.

For the three and six months ended February 28, 2005, we estimated the fair value of each option award on the date of grant using the Black-Scholes model. We based expected volatility on historical

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volatility. We estimated the expected term of stock options using historical exercise and employee termination experience.

The following table shows the weighted average grant-date fair values of options and the weighted average assumptions we used to develop the fair value estimates under each of the option valuation models for the three and six months ended February 28, 2006 and 2005:

| | Three Months Ended February 28, | | Six Months Ended February 28, | |
|--|------------------------------------|---------|----------------------------------|---------|
| | 2006 | 2005 | 2006 | 2005 |
| Weighted average grant - date fair value of options | \$22.84 | \$20.81 | \$20.78 | \$19.48 |
| Assumptions: | | | | |
| Expected volatility | 47.67% | 59.46% | 47.67% | 59.64% |
| Expected dividends | | | | |
| Expected term (in years) | 5.3 | 7.6 | 5.3 | 7.5 |
| Risk-free rate | 3.77% | 4.18% | 3.77% | 4.13% |

A summary of option activity as of February 28, 2006 and changes during the six months then ended is presented below:

| Options | Shares (000s) | Weighted Average Exercise Price | Weighted Average Remaining Contractual Term | Aggregate Intrinsic Value (\$000s) |
|----------------------------------|---------------|---------------------------------------|---|---------------------------------------|
| Outstanding at September 1, 2005 | 6,485 | \$16.53 | | |
| Granted | 56 | 40.89 | | |
| Exercised | (313) | 7.74 | | |
| Forfeited or expired | (13) | 19.85 | | |
| Outstanding at November 30, 2005 | 6,215 | 17.18 | | |
| Granted | 53 | 45.16 | | |
| Exercised | (341) | 6.02 | | |
| Forfeited or expired | (22) | 19.74 | | |
| Outstanding at February 28, 2006 | 5,905 | 18.06 | 6.7 | \$150,564 |
| Exercisable at February 28, 2006 | 3,037 | 10.29 | 6.0 | \$101,033 |

The total intrinsic value, which represents the difference between the underlying stock's market price and the option's exercise price, of options exercised during the three months ended February 28, 2006 and 2005 was \$13.4 million and \$4.5 million, respectively. The total intrinsic value of options exercised during the six months ended February 28, 2006 and 2005 was \$23.6 million and \$7.3 million, respectively.

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Cash received from option exercises under all share-based payment arrangements for the six months ended February 28, 2006 and 2005 was \$4.5 million and \$1.6 million, respectively. The actual tax benefit realized for the tax deductions from option exercise of the share-based payment arrangements totaled \$9.3 million and \$2.9 million for the six months ended February 28, 2006 and 2005, respectively.

Restricted Stock and Restricted Stock Units

The fair value of restricted stock and restricted stock units (nonvested shares) is determined based on the closing bid price of the Company's common stock on the grant date. The weighted average grant-date fair value of nonvested shares granted during the three months ended February 28, 2006 was \$46.35. Nonvested shares were not granted during the three months ended February 28, 2005. The weighted average grant-date fair value of nonvested shares granted during the six months ended February 28, 2006 and 2005 was \$45.83 and \$27.10, respectively.

The following table shows a summary of our nonvested shares as of February 28, 2006 as well as activity during the six months then ended. No shares vested during the six months ended February 28, 2006 or 2005.

| Nonvested Shares | Shares (000s) | Weighted Average Grant-Date Fair Value |
|--------------------------------|---------------|--|
| Nonvested at September 1, 2005 | 94 | \$43.38 |
| Granted | 2 | 41.79 |
| Vested | | |
| Forfeited | | |
| Nonvested at November 30, 2005 | 96 | 43.35 |
| Granted | 12 | 46.35 |
| Vested | | |
| Forfeited | | |
| Nonvested at February 28, 2006 | 108 | 43.68 |

(4) Goodwill

The change in the carrying amount of goodwill during the six months ended February 28, 2006 is shown below:

| | |
|-------------------------------------|-----------|
| (In \$000s) | |
| Balance, August 31, 2005 | \$ 96,020 |
| Health IQ purchase price adjustment | 70 |
| | \$ 96,090 |
| Balance, February 28, 2006 | \$ 96,090 |

(3) Share-Based Compensation

On June 8, 2005, we acquired certain assets from Health IQ Diagnostics, LLC (Health IQ), a health support company that uses a proprietary model to provide enrollees of employer-sponsored health plans and their dependents with a personal health risk assessment and score as well as the information they need to maintain or improve their health status. The Health IQ purchase price adjustment for the six months ended February 28, 2006 relates to an earn-out agreement under which we are obligated to pay the

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former stockholders of Health IQ additional purchase price equal to a percentage of revenues recognized from Health IQ's programs in each of the fiscal quarters during the three-year period ending August 31, 2008.

(5) Intangible and Other Assets

Intangible assets subject to amortization at February 28, 2006 consist of the following:

| | Gross Carrying Amount | Accumulated Amortization | Net |
|---------------------|--------------------------------------|-------------------------------------|-----------------|
| (In \$000s) | | | |
| Acquired technology | \$ 10,163 | \$ 5,082 | \$ 5,081 |
| Customer contracts | 9,217 | 4,638 | 4,579 |
| Other | 200 | 50 | 150 |
| Total | \$ 19,580 | \$ 9,770 | \$ 9,810 |

Acquired technology, customer contracts, and other intangible assets are being amortized on a straight-line basis over a five-year estimated useful life. Total amortization expense for each of the six months ended February 28, 2006 and 2005 was \$2.0 million. Estimated amortization expense for the remainder of fiscal 2006 and the following four fiscal years thereafter is \$2.0 million, \$3.9 million, \$3.9 million, \$40,000, and \$10,000, respectively. We assess the potential impairment of intangible assets subject to amortization whenever events or changes in circumstances indicate that the carrying values may not be recoverable.

Intangible assets not subject to amortization at February 28, 2006 consist of a trade name of \$4.3 million associated with the StatusOne Health Systems, LLC (StatusOne) acquisition. We review intangible assets not subject to amortization on an annual basis or more frequently whenever events or circumstances indicate that the assets might be impaired.

Other assets consist primarily of deferred loan costs net of accumulated amortization.

(6) Long-Term Debt

On October 29, 2004, we amended our previous revolving credit and term loan agreement dated September 5, 2003 (the Former Credit Agreement) by entering into a First Amended and Restated Revolving Credit Loan Agreement (the First Amended Credit Agreement). The First Amended Credit Agreement provided us with up to \$150.0 million in borrowing capacity, including a \$75.0 million sub facility for letters of credit, under a senior revolving credit facility that was to expire on October 29, 2009. We repaid the outstanding principal on the term loan under the Former Credit Agreement of \$48.0 million with \$23.0 million in cash and a \$25.0 million draw on the revolving credit facility under the First Amended Credit Agreement.

The First Amended Credit Agreement required us to repay the principal on any loans at the maturity date of October 29, 2009. Borrowings under the First Amended Credit Agreement bore interest, at our option, at the prime rate plus a spread of 0.0% to 1.0% or LIBOR plus a spread of 1.25% to 2.25%, or a combination thereof. The First Amended Credit Agreement also provided for a fee ranging between 0.25% and 0.5% of unused commitments.

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On September 19, 2005, we entered into a Second Amended and Restated Revolving Credit Loan Agreement (the "Second Amended Credit Agreement"). The Second Amended Credit Agreement provides us with a \$250.0 million revolving credit facility, including a swingline sub facility of \$10.0 million and a \$75.0 million sub facility for letters of credit, together with an uncommitted incremental accordion facility of \$50.0 million, and expires on September 19, 2010. As of February 28, 2006, our available line of credit totaled \$249.3 million.

The Second Amended Credit Agreement requires us to repay the principal on any loans at the maturity date of September 19, 2010. Borrowings under the Second Amended Credit Agreement generally bear interest, at our option, at LIBOR plus a spread of 0.875% to 1.5% or at the prime rate. The Second Amended Credit Agreement also provides for a fee ranging between 0.175% and 0.3% of unused commitments. The Second Amended Credit Agreement is secured by guarantees from our active domestic subsidiaries and by security interests in substantially all of our and our subsidiaries' assets.

The Second Amended Credit Agreement contains various financial covenants, which require us to maintain, as defined, ratios or levels of (i) total funded debt to EBITDA, (ii) fixed charge coverage, and (iii) net worth. It also restricts the payment of dividends and limits the amount of repurchases of the Company's common stock. As of February 28, 2006, we were in compliance with all of the financial covenant requirements of the Second Amended Credit Agreement.

As of February 28, 2006, there were letters of credit outstanding under the Second Amended Credit Agreement for \$0.7 million primarily to support our requirement to repay fees under one health plan contract in the event we do not perform at established target levels and do not repay the fees due in accordance with the terms of the contract.

(7) Commitments and Contingencies

In conjunction with contractual requirements under one contract that began on March 1, 2004, we funded an escrow account in the amount of approximately \$3.8 million, which was classified as restricted cash. We were required to deposit a percentage of all fees received from this customer during the first year of the contract into the escrow account to be used to repay fees under the contract in the event we did not perform at target levels. In accordance with the terms of the contract, in January 2006 the entire \$3.8 million was released from escrow and reclassified to cash and cash equivalents as our first-year results were validated with the customer.

Pursuant to an earn-out agreement executed in connection with the acquisition of certain assets of Health IQ, we are obligated to pay the former stockholders of Health IQ additional purchase price equal to a percentage of revenues recognized from Health IQ's programs in each of the fiscal quarters during the three-year period ending August 31, 2008.

In June 1994, a former employee whom we dismissed in February 1994 filed a "whistle blower" action on behalf of the United States government. Subsequent to its review of this case, the federal government determined not to intervene in the litigation. The employee sued Healthways, Inc. and our wholly-owned subsidiary, American Healthways Services, Inc. ("AHSI"), as well as certain named and unnamed medical directors and one named client hospital, West Paces Medical Center ("WPMC"), and other unnamed client hospitals.

Healthways, Inc. has since been dismissed as a defendant; however, the case is still pending against AHSI before the United States District Court for the District of Columbia. In addition, WPMC

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has settled claims filed against it as part of a larger settlement agreement that WPMC's parent organization, HCA Inc., reached with the United States government.

The complaint alleges that AHSI, the client hospitals and the medical directors violated the federal False Claims Act by entering into certain arrangements that allegedly violated the federal anti-kickback statute and provisions of the Social Security Act prohibiting physician self-referrals. Although no specific monetary damage has been claimed, the plaintiff, on behalf of the federal government, seeks treble damages plus civil penalties and attorneys' fees. The plaintiff also has requested an award of 30% of any judgment plus expenses. In February 2006, WPMC filed an arbitration claim seeking indemnification from us for certain costs and expenses incurred by it in connection with the case. Substantial discovery has taken place to date and additional discovery is expected to occur. No trial date has been set. The parties have had initial discussions regarding their respective positions in the case; however, no resolution of this case has been reached or can be assured prior to the case proceeding to trial.

We believe that we have conducted our operations in full compliance with applicable statutory requirements and that we have meritorious defenses to the claims made in the case and the related arbitration proceeding, and intend to contest the claims vigorously. Nevertheless, it is possible that resolution of these legal matters could have a material adverse effect on our consolidated results of operations in a particular financial reporting period. We believe that we will continue to incur legal expenses associated with the defense of these matters, which may be material to our consolidated results of operations in a particular financial reporting period. However, we believe that any resolution of this case and all related matters will not have a material effect on our liquidity or financial condition.

Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations

Overview

Founded in 1981, Healthways, Inc. (the Company) provides specialized, comprehensive health and care support programs and services, including disease management and care enhancement services to health plans, the Centers for Medicare & Medicaid Services (CMS), and hospitals in addition to wellness programs to health plans and employers, in all 50 states, the District of Columbia, Puerto Rico, and Guam. These services include, but are not limited to:

providing members with educational materials and personal interactions with highly trained nurses designed to create and sustain healthier behaviors;

incorporating current evidence-based clinical guidelines in interventions to optimize patient care;

developing care support plans and motivating members to set attainable goals for themselves;

providing local market resources to address acute episode interventions; and

coordinating members' care with local health-care providers.

Our integrated health and care support programs serve entire health plan populations through member and physician health and care support interventions, advanced neural network predictive modeling, and a confidential, secure Internet-based application that provides patients and physicians with individualized health information. Our programs enable health plans to develop relationships with all of their members, not just the chronically ill, and to identify those at highest risk for a health problem, allowing for early interventions.

Our programs are designed to help people lead healthier lives by making sure they understand and follow doctors' orders including medication compliance, are aware of and can recognize early warning signs associated with a major health episode, and are setting achievable goals for themselves to exercise more, lose weight, quit smoking or otherwise improve their current health status.

We believe that our patient and physician support regimens, delivered and/or supervised by a multi-disciplinary team, have demonstrated that they assist in providing more effective care for the enrollee populations diagnosed with one or more diseases or conditions, which will improve the health status of the enrollee populations with the disease or condition and reduce both the short-term and long-term health-care costs for these enrollees. In addition, our consumer-directed health support services enable health plans and employers to reach and engage everyone in their covered populations through interventions which are sensitive and specific to each individual's health risks and needs, thereby motivating behavior change and generating measurable cost savings.

Our integrated health and care support product line includes programs for people with diabetes, coronary artery disease, heart failure, asthma, chronic obstructive pulmonary disease, end-stage renal disease, cancer, chronic kidney disease, depression, tobacco addiction, high-risk obesity, acid-related stomach disorders, atrial fibrillation, decubitus ulcer, fibromyalgia, hepatitis C, inflammatory bowel disease, irritable bowel syndrome, low-back pain, osteoarthritis, osteoporosis, and urinary incontinence, as well as high-risk population management. We design our programs to create and maintain key desired behaviors of each program member and of the providers who care for them in order to improve member health status, thereby reducing health-care costs. The programs incorporate interventions necessary to optimize member care and are based on the most up-to-date, evidence-based clinical guidelines.

The flexibility of our programs allows customers to enter the health and care support market at the level they deem appropriate for their organization. Customers may select a single or multiple chronic

disease approach, a total-population, or high-risk approach, in which people with more than one disease or condition receive the benefit of multiple programs at a single cost.

In December 2004, we were selected by CMS to participate in two Medicare Health Support (MHS) pilots awarded under the Chronic Care Improvement Program authorized by the Medicare Modernization Act of 2003. We began operating one pilot in August 2005 to serve 20,000 Medicare fee-for-service beneficiaries in Maryland and the District of Columbia. All fees under this pilot are performance-based. In addition, in September 2005 we began serving 20,000 beneficiaries in Georgia in collaboration with CIGNA HealthCare, Inc. The majority of our fees under our contract with CIGNA are performance-based. Both of the pilots are for complex diabetes and congestive heart failure disease management services and are operationally similar to our programs for commercial and Medicare Advantage health plan populations.

Highlights of Performance for the Six Months Ended February 28, 2006

Revenues increased 30.1% compared to the six months ended February 28, 2005.

Actual lives under management at February 28, 2006 increased 36.3% from February 28, 2005, which included a 66.2% increase in self-insured employer actual lives under management to 811,000 at February 28, 2006 from 488,000 at February 28, 2005.

Management's Discussion and Analysis of Financial Condition and Results of Operations contains forward-looking statements, which are based upon current expectations and involve a number of risks and uncertainties. Forward-looking statements include all statements that do not relate solely to historical or current facts, and can be identified by the use of words like may, believe, will, expect, project, estimate, anticipate, plan, or continue. In order for us to use the safe harbor provisions of the Private Securities Litigation Reform Act of 1995, we caution you that the following important factors, among others, may affect these forward-looking statements. Consequently, actual operations and results may differ materially from those expressed in the forward-looking statements. The important factors include but are not limited to:

our ability to sign and implement new contracts for health and care support services;

our ability to accurately forecast performance and the timing of revenue recognition under the terms of our health plan contracts and/or our cooperative agreement with CMS ahead of data collection and reconciliation in order to provide forward-looking guidance;

the timing and costs of implementation, and the effect, of regulations and interpretations relating to the Medicare Prescription Drug, Improvement, and Modernization Act of 2003;

our ability to anticipate the rate of market acceptance of health and care support solutions and the individual market dynamics in potential international markets and our ability to accurately forecast the costs necessary to implement our strategy of establishing a presence in these markets;

our ability to effectively manage any growth that we might experience;

our ability to retain existing customers if they are acquired by other health plans which already have or are not interested in health and care support programs;

the risks associated with a significant concentration of our revenues with a limited number of customers;

our ability to effect cost savings and clinical outcomes improvements under health and care support contracts and reach mutual agreement with customers and/or CMS with respect to cost savings, or to effect such savings and improvements within the time frames contemplated by us;

our ability to collect contractually earned performance incentive bonuses;

the ability of our customers and/or CMS to provide timely and accurate data that is essential to the operation and measurement of our performance under the terms of our health plan contracts;

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our ability to favorably resolve contract billing and interpretation issues with our customers;

our ability to integrate the operations of Health IQ and other acquired businesses or technologies into our business;

our ability to develop new products and deliver outcomes on those products;

our ability to effectively integrate new technologies and approaches, such as those encompassed in our health and care support initiatives or otherwise licensed or acquired by us, into our health and care support platform;

our ability to renew and/or maintain contracts with our customers under existing terms or restructure these contracts on terms that would not have a material negative impact on our results of operations;

our ability to implement our health and care support strategy within expected cost estimates;

our ability to obtain adequate financing to provide the capital that may be necessary to support the growth of our operations and to support or guarantee our performance under new contracts;

unusual and unforeseen patterns of health care utilization by individuals with diabetes, cardiac, respiratory and/or other diseases or conditions for which we provide services, in the health plans with which we have executed a health and care support contract;

the ability of the health plans to maintain the number of covered lives enrolled in the plans during the terms of our agreements with the health plans;

our ability to attract and/or retain and effectively manage the employees required to implement our agreements;

the impact of litigation involving us and/or our subsidiaries;

the impact of future state and federal health-care and other applicable legislation and regulations on our ability to deliver our services and on the financial health of our customers and their willingness to purchase our services;

current geopolitical turmoil and the continuing threat of domestic or international terrorism;

general worldwide and domestic economic conditions and stock market volatility; and

other risks detailed in our other filings with the Securities and Exchange Commission.

We undertake no obligation to update or revise any such forward-looking statements.

Customer Contracts

Contract Terms

We generally determine our contract fees by multiplying a contractually negotiated rate per member per month (PMPM) by the number of members covered by our services during the month. We set the PMPM rates during contract negotiations with customers based on the value we expect our programs to create and a sharing of that value between the customer and the Company. In some contracts, the PMPM rates may differ between the health plan's lines of business [e.g. Preferred Provider Organizations (PPO), Health Maintenance Organizations (HMO), Medicare Advantage]. Contracts with health plans generally range from three to seven years with provisions for subsequent renewal; contracts between our health plan customers and their self-insured employer accounts typically have one-year terms. Some contracts allow the health plan to terminate early under certain conditions.

Some contracts provide that a portion (up to 100%) of our fees may be refundable to the customer (performance-based) if our programs do not achieve, when compared to a baseline year, a targeted percentage reduction in the customer's health-care costs and selected clinical and/or other criteria that focus on improving the health of the members. Approximately 10% of revenues recorded during the six months ended February 28, 2006 were performance-based and remain subject to final reconciliation. We anticipate that this percentage will fluctuate due to the level of performance-based fees in new contracts, revenue recognition associated with performance-based fees, and the timing of data reconciliation, which varies according to contract terms. A limited number of contracts also provide opportunities for us to receive incentive bonuses in excess of the contractual PMPM rate if we exceed contractual performance targets.

Information Systems

Our contracts require sophisticated management information systems to help us manage the care of large populations of health plan members with targeted chronic diseases or other medical conditions and to report clinical and financial outcomes before and after we implement our programs. We have developed and are continually expanding and improving our proprietary clinical, data management, and reporting systems, to continue to meet our information management needs for our health and care support services. Due to the anticipated expansion and improvement in our information management systems, we expect to continue making significant investments in our information technology software and hardware and in our information technology staff.

Contract Revenues

Our contract revenues depend on the contractual terms we establish and maintain with health plans to provide health and care support services to their members. Some contracts allow the health plan to terminate early under certain conditions. Restructurings and possible terminations at or prior to renewal could have a material negative impact on our results of operations and financial condition.

Approximately 39% of our revenues for the six months ended February 28, 2006 were derived from two customers that each comprised more than 10% of our revenues for the period. The loss of either of these customers or any other large health plan customer or a reduction in the profitability of any contract with these customers would have a material negative impact on our results of operations, cash flows, and financial condition.

Actual Lives under Management

We measure the volume of participation in our programs by the actual number of health plan members and hospital patients who are benefiting from our services, which is reported as actual lives under management. Annualized revenue in backlog represents the estimated annualized revenue at target performance associated with signed contracts at February 28, 2006 for which we have not yet begun providing services. The number of actual lives under management and annualized revenue in backlog are shown below at February 28, 2006 and February 28, 2005.

| At February 28, | 2006 | 2005 |
|---|-----------|-----------|
| Actual lives under management | 2,027,000 | 1,487,000 |
| Annualized revenue in backlog (in \$000s) | \$ 5,215 | \$ 14,360 |

Employers typically make decisions on which health insurance carriers they will offer to their employees and may also allow employees to switch between health plans on an annual basis. These annual membership disenrollment and re-enrollment processes of employers (whose employees are the health plan members) from health plans can result in a seasonal reduction in actual lives under management during our second fiscal quarter.

Historically, we have found that a majority of employers and employees make these decisions effective December 31 of each year. An employer's change in health plans or employees' changes in health plan elections may cause a decrease in our actual lives under management for existing contracts as of January 1. Although these decisions may also cause a gain in enrollees as new employers sign on with our customers, the identification of new members eligible to participate in our programs is based on the submission of health-care claims, which lags enrollment by an indeterminate period.

As a result, historically, actual lives under management for existing contracts have decreased between 6% and 8% on January 1 and have not been restored through new member identification until later in the fiscal year, thereby negatively affecting our revenues on existing contracts in our second fiscal quarter. In recent years, the decrease in actual lives under management resulting from health plans' seasonal enrollment and disenrollment has been offset by growth from self-insured employer accounts as many of these accounts have implemented new health and care support programs as of January 1, resulting in a sequential quarter increase in lives under management.

Another seasonal impact on actual lives could occur if a health plan decided to withdraw coverage altogether for a specific line of business, such as Medicare Advantage, or in a specific geographic area, thereby automatically disenrolling previously covered members. Historically, we have experienced minimal covered life disenrollment from such decisions.

We have seen increasing demand for our health and care support services from self-insured employer accounts for which our health plan customers do not assume medical cost risk but provide primarily administrative claim and health network access services. Signed contracts between these self-insured employers and our health plan customers are incorporated in our contracts with our health plan customers, and these program-eligible members are included in the lives under management or the annualized revenue in backlog reported in the table above, as appropriate.

Business Strategy

Our primary strategy is to create value for governments, health plans, employers and consumers through health and care support programs and services that improve the quality and affordability of health-care. We plan to use our scalable state-of-the-art care enhancement centers and medical information content and proprietary technologies to gain a competitive advantage in delivering our health and care support services.

We expect to continue adding services to our product mix that extend our programs beyond a chronic disease focus and provide services to individuals who currently have, or face the risk of developing, one or more additional medical conditions. We believe that we can achieve improvements in care, and therefore significant cost savings, by addressing care and treatment requirements for these additional selected diseases and conditions, which will enable us to address a larger percentage of a health plan's population and total health-care costs. In addition, we expect to continue developing proprietary, proactive health support for whole populations across the continuum of care, including next generation wellness solutions.

We anticipate that we will incur significant costs during the remainder of fiscal 2006 to enhance and expand our clinical programs and data and financial reporting systems, pursue opportunities in international markets, enhance our information technology support, and open additional or expand current care enhancement centers as needed. We may add some of these new capabilities and technologies through strategic alliances with other entities, one or more of which we may make minority investments in or acquire for stock and/or cash.

Critical Accounting Policies

We describe our accounting policies in Note 1 of the Notes to Consolidated Financial Statements included in our Annual Report on Form 10-K for the fiscal year ended August 31, 2005. We prepare the consolidated financial statements in accordance with U.S. generally accepted accounting principles, which require us to make estimates and judgments that affect the reported amounts of assets and liabilities and related disclosures at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results may differ from those estimates.

We believe the following accounting policies to be the most critical in understanding the judgments that are involved in preparing our financial statements and the uncertainties that could impact our results of operations, financial condition and cash flows.

Revenue Recognition

We generally determine our contract fees by multiplying a contractually negotiated rate per member per month (PMPM) by the number of members covered by our services during the month. We set the PMPM rates during contract negotiations with customers based on the value we expect our programs to create and a sharing of that value between the customer and the Company. In some contracts, the PMPM rate may differ between the health plan's lines of business (e.g., PPO, HMO, Medicare Advantage). Contracts with health plans generally range from three to seven years with provisions for subsequent renewal; contracts between our health plan customers and their self-insured employer accounts typically have one-year terms.

Some contracts provide that a portion (up to 100%) of our fees may be refundable to the customer (performance-based) if our programs do not achieve, when compared to a baseline year, a targeted percentage reduction in the customer's health-care costs and selected clinical and/or other criteria that

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focus on improving the health of the members. Approximately 10% of revenues recorded during the six months ended February 28, 2006 were performance-based and remain subject to final reconciliation. We anticipate that this percentage will fluctuate due to the level of performance-based fees in new contracts, revenue recognition associated with performance-based fees, and the timing of data reconciliation, which varies according to contract terms. A limited number of contracts also provide opportunities for us to receive incentive bonuses in excess of the contractual PMPM rate if we exceed contractual performance targets.

We bill our customers each month for the entire amount of the fees contractually due for the prior month's enrollment, which typically includes the amount, if any, that is performance-based and may be subject to refund should we not meet performance targets. Contractually, we cannot bill for any incentive bonus until after contract settlement.

We recognize revenue as follows: 1) we recognize the fixed portion of the monthly fees as revenue during the period we perform our services; 2) we recognize the performance-based portion of the monthly fees based on our performance to date in the contract year; and 3) we recognize additional incentive bonuses based on our performance to date in the contract year, to the extent we consider such amounts collectible.

We assess our level of performance based on medical claims and other data that the health plan customer is contractually required to supply each month. A minimum of four to six months' data is typically required for us to measure performance. In assessing our performance, we may include estimates such as medical claims incurred but not reported and a health plan's medical cost trend compared to a baseline year. In addition, we may also provide contractual reserves, when appropriate, for billing adjustments at contract reconciliation.

If data from the health plan is insufficient or incomplete to measure performance, or interim performance measures indicate that we are not meeting performance targets, we do not recognize performance-based fees subject to refund as revenues but instead record them in a current liability account—contract billings in excess of earned revenue. Only in the event we do not meet performance levels by the end of the contract year are we contractually obligated to refund some or all of the performance-based fees. We would only reverse revenues that we had already recognized if performance to date in the contract year, previously above targeted levels, dropped below targeted levels due to subsequent adverse performance and/or adjustments in contractual reserves. Historically, any such adjustments have been immaterial to our financial condition and results of operations.

During the settlement process under a contract, which generally occurs six to eight months after the end of a contract year, we settle any performance-based fees and reconcile health-care claims and clinical data. As of February 28, 2006, performance-based fees that have not yet been settled with our customers but that have been recognized as revenue in the current and prior years totaled approximately \$48.3 million. Of this amount, \$29.8 million was based entirely on actual data received from our customers, while \$18.5 million was based on calculations which include estimates such as medical claims incurred but not reported and/or a health plan's medical cost trend compared to a baseline year. Data reconciliation differences, for which we provide contractual allowances until we reach agreement with respect to identified issues, can arise between the customer and us due to health plan data deficiencies, omissions, and/or data discrepancies.

Performance-related adjustments (including any amounts recorded as revenue that were ultimately refunded), changes in estimates, data reconciliation differences, or adjustments to incentive bonuses may cause us to recognize or reverse revenue in a current fiscal year that pertains to services

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provided during the prior fiscal year. During the six months ended February 28, 2006, we recognized a net increase in revenue of \$1.5 million that related to services provided prior to fiscal 2006.

Impairment of Intangible Assets and Goodwill

In accordance with SFAS No. 142, *Goodwill and Other Intangible Assets*, we review goodwill for impairment on an annual basis or more frequently whenever events or circumstances indicate that the carrying value may not be recoverable.

If we determine that the carrying value of goodwill is impaired based upon an impairment review, we calculate any impairment using a fair-value-based goodwill impairment test as required by SFAS No. 142. Fair value is the amount at which the asset could be bought or sold in a current transaction between two willing parties. We estimate fair value using a number of techniques, including quoted market prices or valuations by third parties, present value techniques based on estimates of cash flows, or multiples of earnings or revenues performance measures.

We amortize other identifiable intangible assets, such as acquired technologies and customer contracts, on the straight-line method over their estimated useful lives, except for trade names, which have an indefinite life and are not subject to amortization. We review intangible assets not subject to amortization on an annual basis or more frequently whenever events or circumstances indicate that the assets might be impaired. We assess the potential impairment of intangible assets subject to amortization whenever events or changes in circumstances indicate that the carrying values may not be recoverable.

If we determine that the carrying value of other identifiable intangible assets may not be recoverable, we calculate any impairment using an estimate of the asset's fair value based on the projected net cash flows expected to result from that asset, including eventual disposition.

Future events could cause us to conclude that impairment indicators exist and that goodwill and/or other intangible assets associated with our acquired businesses are impaired. Any resulting impairment loss could have a material adverse impact on our financial condition and results of operations.

Share-Based Compensation

On September 1, 2005, we adopted SFAS No. 123(R), which requires us to measure and recognize compensation expense for all share-based payment awards based on estimated fair values at the date of grant. Determining the fair value of share-based awards at the grant date requires judgment in developing assumptions, which involve a number of variables. These variables include, but are not limited to, the expected stock price volatility over the term of the awards, and expected stock option exercise behavior. In addition, we also use judgment in estimating the number of share-based awards that are expected to be forfeited. In June 2005, we changed the method we use to estimate the fair values of stock options from the Black-Scholes model to a lattice binomial model, which we consider preferable to the Black-Scholes model because the lattice binomial model considers characteristics of fair value option pricing, such as an option's contractual term and the probability of exercise before the end of the contractual term, that are not available under the Black-Scholes model. We contract with a third party to assist in developing the assumptions used in estimating the fair values of stock options.

Results of Operations

The following table shows the components of the statements of operations for the three and six months ended February 28, 2006 and 2005 expressed as a percentage of revenues:

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| | Three Months Ended February 28, | | Six Months Ended February 28, | |
|--|------------------------------------|--------|----------------------------------|--------|
| | 2006 | 2005 | 2006 | 2005 |
| Revenues | 100.0% | 100.0% | 100.0% | 100.0% |
| Cost of services | 70.8% | 63.9% | 70.7% | 64.2% |
| Gross margin | 29.2% | 36.1% | 29.3% | 35.8% |
| Selling, general and administrative expenses | 10.9% | 9.7% | 11.0% | 9.2% |
| Depreciation and amortization | 5.8% | 7.3% | 6.0% | 7.5% |
| Interest expense | 0.3% | 0.6% | 0.3% | 0.7% |
| Income before income taxes | 12.2% | 18.5% | 12.0% | 18.4% |
| Income tax expense | 4.9% | 7.3% | 4.8% | 7.3% |
| Net income | 7.3% | 11.2% | 7.2% | 11.1% |

Revenues

Revenues for the three months ended February 28, 2006 increased 32.8% compared to the three months ended February 28, 2005, primarily due to the following:

existing health plan customers adding or expanding 22 new programs since the beginning of the second quarter of fiscal 2005; an increase in the number of self-insured employer actual lives under management from 488,000 at February 28, 2005 to 811,000 at February 28, 2006; increased membership in our customers' existing programs; the commencement of six new health plan contracts since the beginning of the second quarter of fiscal 2005; and revenues from the MHS pilots of \$1.5 million during the three months ended February 28, 2006.

Revenues for the six months ended February 28, 2006 increased 30.1% compared to the six months ended February 28, 2005, primarily due to the following:

existing health plan customers adding or expanding 23 new programs since the beginning of fiscal 2005; an increase in the number of self-insured employer actual lives under management from 488,000 at February 28, 2005 to 811,000 at February 28, 2006; the commencement of six new health plan contracts since the beginning of fiscal 2005; increased membership in our customers' existing programs; and revenues from the MHS pilots of \$3.1 million during the six months ended February 28, 2006.

We anticipate that total revenues for the remainder of fiscal 2006 will increase over fiscal 2005 revenues primarily due to the expansion of existing contracts, increasing demand for our health and care support services from self-insured employers who contract with our health plan customers, anticipated new health plan contracts, and revenues from the MHS pilots.

Cost of Services

Cost of services as a percentage of revenues for the three months ended February 28, 2006

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increased to 70.8% compared to 63.9% for the same period in fiscal 2005. This increase is primarily related to the following costs during the three months ended February 28, 2006 which were not incurred during the comparable period in fiscal 2005:

costs of servicing the two MHS pilots, which began in August and September of 2005, respectively. A substantial majority of our fees under the MHS pilots are performance-based and, consistent with our policy with new contracts which include performance-based fees, have not yet been recognized as revenue because we are not yet able to measure performance. For the three months ended February 28, 2006, we recorded revenues of \$1.5 million, which represent the non-performance-based portion of our fees under one of the MHS pilots, and costs of \$4.9 million attributable to the MHS pilots; and long-term incentive compensation costs of \$1.8 million incurred during the second quarter of fiscal 2006, including share-based compensation expensed under SFAS No. 123(R) and cash-based awards issued in lieu of share-based awards that were historically granted to certain levels of management.

Excluding the revenues and costs associated with the MHS pilots and the long-term incentive compensation costs noted above, cost of services as a percentage of revenues would have increased to 65.1% from 63.9% for the three months ended February 28, 2006 and 2005, respectively, primarily due to the following:

an increase in the employee performance bonus accrual during the three months ended February 28, 2006 compared to the three months ended February 28, 2005; and increased expenditures for product development activities for the three months ended February 28, 2006 compared to the three months ended February 28, 2005.

These increases were somewhat offset by decreases related to increased capacity utilization, economies of scale, and productivity enhancements during the second quarter of fiscal 2006 compared to the second quarter of fiscal 2005.

Cost of services as a percentage of revenues for the six months ended February 28, 2006 increased to 70.7% compared to 64.2% for the same period in fiscal 2005. This increase is primarily related to the following costs during the six months ended February 28, 2006 which were not incurred during the comparable period in fiscal 2005:

costs of servicing the two MHS pilots, which began in August and September of 2005, respectively. A substantial majority of our fees under the MHS pilots are performance-based and, consistent with our policy with new contracts which include performance-based fees, have not yet been recognized as revenue because we are not yet able to measure performance. For the six months ended February 28, 2006, we recorded revenues of \$3.1 million, which represent the non-performance-based portion of our fees under one of the MHS pilots, and costs of \$9.7 million attributable to the MHS pilots; and long-term incentive compensation costs of \$3.5 million incurred during the six months ended February 28, 2006, including share-based compensation expensed under SFAS No. 123(R) and cash-based awards issued in lieu of share-based awards that were historically granted to certain levels of management.

Excluding the revenues and costs associated with the MHS pilots and the long-term incentive compensation costs noted above, cost of services as a percentage of revenues would have increased to 64.9% from 64.2% for the six months ended February 28, 2006 and 2005, respectively, primarily due to

the following:

an increase in the employee performance bonus accrual during the six months ended February 28, 2006 compared to the six months ended February 28, 2005;

a new enterprise agreement for software licensing and servicing entered into in November 2004, which enhanced and expanded a previous agreement that expired in August 2004; and

increased expenditures for product development activities for the six months ended February 28, 2006 compared to the six months ended February 28, 2005.

These increases were somewhat offset by decreases related to increased capacity utilization, economies of scale, and productivity enhancements during the six months ended February 28, 2006 compared to the six months ended February 28, 2005.

We anticipate that cost of services for the remainder of fiscal 2006 will increase over fiscal 2005 primarily as a result of share-based payments required to be expensed under SFAS No. 123(R) and other long-term employee incentive costs, operating costs related to the MHS pilots, increases in operating staff required for expected increases in demand for our services, increases in indirect staff costs associated with the continuing development and implementation of our health and care support services, and increases in information technology and other support staff and costs.

Selling, General and Administrative Expenses

Selling, general and administrative expenses as a percentage of revenues for the three and six months ended February 28, 2006 increased to 10.9% and 11.0%, respectively, compared to 9.7% and 9.2% for the same periods in fiscal 2005. These increases are primarily related to the following costs:

costs attributable to pursuing opportunities in international markets, which totaled \$0.8 million and \$1.4 million, respectively, for the three and six months ended February 28, 2006 compared to no corresponding costs during the three and six months ended February 28, 2005; and

long-term incentive compensation costs of \$1.9 million and \$3.7 million during the three and six months ended February 28, 2006, respectively, which consisted of share-based compensation expensed under SFAS No. 123(R) and cash-based awards issued in lieu of share-based awards that were historically granted to certain levels of management, compared to \$0.1 million and \$0.3 million of share-based compensation costs during the three and six months ended February 28, 2005, respectively.

Excluding the costs above, selling, general and administrative expenses as a percentage of revenues would have decreased to 8.3% for the three and six months ended February 28, 2006, compared to 9.5% and 9.0%, respectively, for the same periods in fiscal 2005 primarily due to our ability to more effectively leverage our selling, general and administrative expenses as a result of growth in our operations.

We anticipate that selling, general and administrative expenses for the remainder of fiscal 2006 will increase over fiscal 2005 primarily due to share-based payments required to be expensed under SFAS No. 123(R) and other long-term employee incentive costs, anticipated investments in international initiatives, and increases in indirect support costs for our existing and anticipated new and expanded health plan contracts.

Depreciation and Amortization

Depreciation and amortization expense for the three and six months ended February 28, 2006 increased 6.0% and 4.9%, respectively, over the same periods in fiscal 2005 primarily due to increased depreciation and amortization expense associated with equipment, software, leasehold improvements, and computer-related capital expenditures. We made these capital expenditures to enhance our health plan information technology capabilities, expand our corporate office, and increase calling capacity at existing care enhancement centers.

We anticipate that depreciation and amortization expense for the remainder of fiscal 2006 will increase over fiscal 2005 primarily as a result of additional capital expenditures associated with expected increases in demand for our services and growth and improvement in our information technology capabilities.

Interest Expense

Interest expense for the three and six months ended February 28, 2006 decreased 45.6% and 54.0%, respectively, compared to the three and six months ended February 28, 2005 primarily due to a reduction in our long-term debt balance resulting from net repayments of \$18.0 million of revolving debt since February 28, 2005.

We anticipate that interest expense for the remainder of fiscal 2006 will decrease over fiscal 2005 primarily as a result of a lower balance of long-term debt.

Income Tax Expense

Our effective tax rate increased to 39.7% for the three and six months ended February 28, 2006 compared to 39.5% for the three months ended February 28, 2005 and 39.7% for the six months ended February 28, 2005, primarily as a result of our geographic mix of earnings, which impacts our average state income tax rate, and other factors. The differences between the statutory federal income tax rate of 35% and our effective tax rate are due primarily to the impact of state income taxes and certain non-deductible expenses for income tax purposes.

Liquidity and Capital Resources

Operating activities for the six months ended February 28, 2006 generated cash flows of \$31.9 million compared to \$18.4 million for the six months ended February 28, 2005. The increase in operating cash flow of \$13.5 million resulted primarily from 1) payments during the six months ended February 28, 2005 related to accounts payable accrued at August 31, 2004 associated with capital expenditures for upgrades to hardware in support of core business functions and 2) an increase in cash collections recorded to contract billings in excess of earned revenue for the six months ended February 28, 2006 compared to the same period in fiscal 2005, primarily related to the MHS pilots. These increases were somewhat offset by a higher employee bonus payment during the six months ended February 28, 2006 compared to the six months ended February 28, 2005.

Investing activities during the six months ended February 28, 2006 used \$10.2 million in cash, which primarily consisted of the purchase of property and equipment associated with the addition of information technology hardware and software.

Financing activities for the six months ended February 28, 2006 generated \$16.6 million in cash primarily due to proceeds from the exercise of stock options and the related tax benefit. In addition, the

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entire \$3.8 million that was previously classified as restricted cash and held in escrow due to contractual requirements with a customer was released from escrow and reclassified to cash and cash equivalents as our first-year results were validated with the customer.

On September 19, 2005, we amended and restated the First Amended Credit Agreement and entered into the Second Amended Credit Agreement, which provides us with a \$250.0 million revolving credit facility, including a swingline sub facility of \$10.0 million and a \$75.0 million sub facility for letters of credit, together with an uncommitted incremental accordion facility of \$50.0 million, and expires on September 19, 2010. As of February 28, 2006, our available line of credit totaled \$249.3 million.

The Second Amended Credit Agreement requires us to repay the principal on any loans at the maturity date of September 19, 2010. Borrowings under the Second Amended Credit Agreement generally bear interest, at our option, at LIBOR plus a spread of 0.875% to 1.5% or at the prime rate. The Second Amended Credit Agreement also provides for a fee ranging between 0.175% and 0.3% of unused commitments. The Second Amended Credit Agreement is secured by guarantees from our active domestic subsidiaries and by security interests in substantially all of our and our subsidiaries' assets.

The First Amended Credit Agreement provided us with up to \$150.0 million in borrowing capacity and contained various financial covenants, which required us to maintain, as defined, ratios or levels of (i) total funded debt to EBITDA, (ii) interest coverage, (iii) fixed charge coverage, and (iv) net worth. The Second Amended Credit Agreement contains similar financial covenants with the exclusion of the interest coverage ratio. Both agreements restrict the payment of dividends and limit the amount of repurchases of the Company's common stock. As of February 28, 2006, we were in compliance with all of the financial covenant requirements of the Second Amended Credit Agreement.

As of February 28, 2006, there were letters of credit outstanding under the Second Amended Credit Agreement totaling \$0.7 million primarily to support our requirement to repay fees under one health plan contract in the event we do not perform at established target levels and do not repay the fees due in accordance with the terms of the contract.

In conjunction with contractual requirements under one contract that began on March 1, 2004, we funded an escrow account in the amount of approximately \$3.8 million, which was classified as restricted cash. We were required to deposit a percentage of all fees received from this customer during the first year of the contract into the escrow account to be used to repay fees under the contract in the event we did not perform at target levels. In accordance with the terms of the contract, in January 2006 the entire \$3.8 million was released from escrow and reclassified to cash and cash equivalents as our first-year results were validated with the customer.

We believe that cash flow from operating activities, our available cash, and our available credit under the Second Amended Credit Agreement will continue to enable us to meet our contractual obligations and to fund the current level of growth in our operations for the foreseeable future. However, if expanding our operations requires significant additional financing resources, such as capital expenditures for technology improvements, additional care enhancement centers and/or letters of credit or other forms of financial assurance to guarantee our performance under the terms of new contracts, or if we are required to refund performance-based fees pursuant to contract terms, we may need to raise additional capital by expanding our existing credit facility and/or issuing debt or equity. If we face a limited ability to arrange such financing, it may restrict our ability to expand our operations.

In addition, if contract development accelerates or acquisition opportunities arise that would expand our operations, we may need to issue additional debt or equity to provide the funding for these increased growth opportunities. We may also issue equity in connection with future acquisitions or strategic alliances. We cannot assure you that we would be able to issue additional debt or equity on terms that would be acceptable to us.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

We are subject to market risk related to interest rate changes, primarily as a result of the Second Amended Credit Agreement and the First Amended Credit Agreement, which bear interest based on floating rates. Borrowings under the First Amended Credit Agreement bore interest, at our option, at the prime rate plus a spread of 0.0% to 1.0% or LIBOR plus a spread of 1.25% to 2.25%, or a combination thereof. Borrowings under the Second Amended Credit Agreement generally bear interest, at our option, at LIBOR plus a spread of 0.875% to 1.5% or at the prime rate. We do not execute transactions or hold derivative financial instruments for trading purposes.

Because there was no variable rate debt outstanding during the six months ended February 28, 2006, a one-point interest rate change would not have caused interest expense to fluctuate for the six months ended February 28, 2006.

Item 4. Controls and Procedures

Evaluation of Disclosure Controls and Procedures

Our chief executive officer and chief financial officer have reviewed and evaluated the effectiveness of our disclosure controls and procedures (as defined in Rules 13a-15(e) and 15d-15(e) promulgated under the Securities Exchange Act of 1934 (the Exchange Act)) as of February 28, 2006. Based on that evaluation, the chief executive officer and chief financial officer have concluded that our disclosure controls and procedures effectively and timely provide them with material information relating to the Company and its consolidated subsidiaries required to be disclosed in the reports the Company files or submits under the Exchange Act.

Changes in Internal Control over Financial Reporting

There have been no changes in our internal controls over financial reporting during the quarter ended February 28, 2006 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

Part II

Item 1. Legal Proceedings.

In June 1994, a former employee whom we dismissed in February 1994 filed a whistle blower action on behalf of the United States government. Subsequent to its review of this case, the federal government determined not to intervene in the litigation. The employee sued Healthways, Inc. and our wholly-owned subsidiary, American Healthways Services, Inc. (AHSI), as well as certain named and unnamed medical directors and one named client hospital, West Paces Medical Center (WPMC), and other unnamed client hospitals.

Healthways, Inc. has since been dismissed as a defendant; however, the case is still pending against AHSI before the United States District Court for the District of Columbia. In addition, WPMC has settled claims filed against it as part of a larger settlement agreement that WPMC s parent organization, HCA Inc., reached with the United States government.

The complaint alleges that AHSI, the client hospitals and the medical directors violated the federal False Claims Act by entering into certain arrangements that allegedly violated the federal anti-kickback statute and provisions of the Social Security Act prohibiting physician self-referrals. Although no specific monetary damage has been claimed, the plaintiff, on behalf of the federal government, seeks treble damages plus civil penalties and attorneys fees. The plaintiff also has requested an award of 30% of any judgment plus expenses. In February 2006, WPMC filed an arbitration claim seeking indemnification from us for certain costs and expenses incurred by it in connection with the case. Substantial discovery has taken place to date and additional discovery is expected to occur. No trial date has been set. The parties have had initial discussions regarding their respective positions in the case; however, no resolution of this case has been reached or can be assured prior to the case proceeding to trial.

We believe that we have conducted our operations in full compliance with applicable statutory requirements and that we have meritorious defenses to the claims made in the case the related arbitration proceeding, and intend to contest the claims vigorously. Nevertheless, it is possible that resolution of these legal matters could have a material adverse effect on our consolidated results of operations in a particular financial reporting period. We believe that we will continue to incur legal expenses associated with the defense of these matters, which may be material to our consolidated results of operations in a particular financial reporting period. We believe that any resolution of this case and all related matters will not have a material effect on our liquidity or financial condition.

Item 1A. Risk Factors.

Not Applicable.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds.

Not Applicable.

Item 3. Defaults Upon Senior Securities.

Not Applicable.

Item 4. Submission of Matters to a Vote of Security Holders.

- (a) The Annual Meeting of Stockholders of Healthways, Inc. was held on January 19, 2006.
- (c) The following proposals were voted upon at the Annual Meeting of Stockholders:
 - (i) Nominations to elect Henry D. Herr, Dr. Jay Bisgard, and Dr. Mary Jane England as Directors of the Company. The results of the election of the above-mentioned nominees were as follows:

| | <u>For</u> | <u>Against</u> | <u>Withheld</u> |
|-----------------------|------------|----------------|-----------------|
| Henry D. Herr | 28,929,038 | -- | 3,094,733 |
| Dr. Jay Bisgard | 30,898,816 | -- | 1,124,955 |
| Dr. Mary Jane England | 30,899,875 | -- | 1,123,896 |

- (ii) Approval to amend the Company's Certificate of Incorporation and change the name of the Company from American Healthways, Inc. to Healthways, Inc. The voting results of the above-mentioned amendment were as follows:

| <u>For</u> | <u>Against</u> | <u>Abstain from Voting</u> |
|------------|----------------|----------------------------|
| 31,210,311 | 800,784 | 12,676 |

- (iii) Ratification of the appointment of Ernst & Young LLP as the Company's independent registered public accounting firm. The voting results were as follows:

| <u>For</u> | <u>Against</u> | <u>Abstain from Voting</u> |
|------------|----------------|----------------------------|
| 31,962,683 | 43,849 | 17,239 |

Item 5. Other Information.

Not Applicable.

Item 6. Exhibits.

- (a) Exhibits
 - 10 1996 Stock Incentive Plan, as amended
 - 11 Earnings Per Share Reconciliation
 - 31.1 Certification pursuant to section 302 of the Sarbanes-Oxley Act of 2002 made by Ben R. Leedle, Jr., President and Chief Executive Officer
 - 31.2 Certification pursuant to section 302 of the Sarbanes-Oxley Act of 2002 made by Mary A. Chaput, Executive Vice President and Chief Financial Officer
 - 32 Certification Pursuant to 18 U.S.C section 1350 as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 made by Ben R. Leedle, Jr., President

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and Chief Executive Officer and Mary A. Chaput, Executive Vice President and Chief Financial Officer

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Healthways, Inc.

(Registrant)

Date April 7, 2006

By /s/ Mary A. Chaput

Mary A. Chaput
Executive Vice President
Chief Financial Officer
(Principal Financial Officer)

Date April 7, 2006

By /s/ Alfred Lumsdaine

Alfred Lumsdaine
Senior Vice President and
Controller
(Principal Accounting Officer)