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MIZEL LARRY A Form 4 August 29, 2018 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations <i>Exercise 1.</i> Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, the interval of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 10.												
MIZEL LARRY A Symbo								5. Relationship of Reporting Person(s) to Issuer				
(Last) 4350 S. MC 500	(Last) (First) (Middle) 3. Date o (Month/I 4350 S. MONACO STREET, SUITE 08/28/2				HOLDINGS INC [MDC] of Earliest Transaction 'Day/Year) 2018				(Check all applicable) <u>X</u> Director <u>X</u> 10% Owner <u>X</u> Officer (give title <u>Other</u> (specify below)			
(Street) 4. If Am				nendment, Date Original Ionth/Day/Year)				Chairman of the Board and CEO 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	ole I - Non-J	Derivative	Secui	ities Aca	uired, Disposed o	of. or Benefici	ially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	ed Date, if	3.	4. Securiti or(A) or Dis (Instr. 3, 4	ies Ac sposed	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock \$.01 Par Value	08/28/2018			Code V M	Amount 32,060	(D) A	Price \$ 25.91	(instr. 3 and 4) 143,927	D			
Common Stock \$.01 Par Value	08/28/2018			S	32,060	D	\$ 32.2 (1)	111,867	D			
Common Stock \$.01 Par Value								4,853	I	By 401(k)		
Common Stock \$.01								3,512,562	Ι	By Ari Capital		

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Par Value			Partners, LLLP (3)
Common Stock \$.01 Par Value	22,680	I	By Cascia Holdings, LLC (4)
Common Stock \$.01 Par Value	1,122,660	I	By Cheston Enterprises Trust <u>(5)</u>
Common Stock \$.01 Par Value	1,122,660	Ι	By Courtney Enterprises Trust (<u>5)</u>
Common Stock \$.01 Par Value	1,544,749	I	By CGM Capital, LLLP <u>(6)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerci Expiration Dat (Month/Day/Y	te	7. Title and Underlying (Instr. 3 and	Secur
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Non-Statutory Stock Option (right to buy) (7)	\$ 25.91	08/28/2018		М	32,060	12/30/2011	12/30/2018	Common Stock \$.01 Par Value	32

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MIZEL LARRY A	Х	Х	Chairman of the Board and CEO				

4350 S. MONACO STREET SUITE 500 DENVER, CO 80237

Signatures

Larry A. Mizel

Reporting Person

08/29/2018

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Shares sold at an average sale price of \$32.20. These shares were sold in multiple transactions at prices ranging from \$32.01 to \$32.61 inclusive. The reporting person undertakes to provide to M.D.C. Holdings, Inc., any security holder of M.D.C. Holdings, Inc., or the staff

- (1) of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth herein.
- (2) Unitized shares held in a stock fund in the Reporting Person's 401(k) Savings Plan which changes on a daily basis.

Reporting Person may be deemed to have beneficial ownership of the shares held by Ari Capital Partners, LLLP ("Ari Capital"). The sole general partner of Ari Capital is CVentures, Inc. ("CVentures") which has approximately a 1% partnership interest in Ari Capital. Reporting Person and family members are the beneficiaries of various trusts which own approximately 50.7% of the stock of CVentures.

(3) Also, Reporting Person is a director and chairman of the board of CVentures and may be deemed to control the other approximately 49.3% of the common stock of CVentures. A trust, of which Reporting Person is the sole beneficiary, is the sole limited partner of Ari Capital, and has approximately a 99% partnership interest in Ari Capital. Reporting Person and Reporting Person's spouse are trustees of the trust.

Reporting Person may be deemed to have beneficial ownership of the shares held by Cascia Holdings LLC ("Cascia"). Cascia holds 2,268,000 shares. Reporting Person's spouse, who is the sole manager of Cascia, holds all of the voting LLC units in Cascia, which

- (4) constitutes 1% of the total outstanding LLC units in Cascia and represents a pecuniary interest in 22,680 shares. Two separate trusts (Cheston Enterprises Trust and Courtney Enterprises Trust) hold all of Cascia's nonvoting LLC units, which constitute 99% of the total outstanding LLC units in Cascia. Reporting Person's spouse is one of the trustees of each of the two trusts and Reporting Person's family members are the beneficiaries of these trusts.
- (5) Reporting Person may be deemed to have beneficial ownership of these shares which are beneficially owned by this trust. Reporting Person's spouse is a trustee of this trust and a family member of Reporting Person is the beneficiary of this trust.

Reporting Person may be deemed to have beneficial ownership of the shares held by CGM Capital LLLP ("CGM Capital"). The general partner of CGM Capital is CVentures, Inc. ("CVentures"), which has a 1% partnership interest in CGM Capital. A trust, of which

- (6) Particle of Control capital is controls, inc. (Coventues), which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particles in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust, of which has a 1% particle in Control capital. A trust in Control capital is a trust in Control capital in the trust in t
- (7) Represents a stock option under the Company's 2001 Employee Plan, which meets all of the requirements under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.