

RECKSON ASSOCIATES REALTY CORP
 Form 4
 December 18, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 RECHLER SCOTT H

2. Issuer Name and Ticker or Trading Symbol
 RECKSON ASSOCIATES REALTY CORP [RA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 12/14/2006

Director 10% Owner
 Officer (give title below) Other (specify below)
 Chief Executive Officer

C/O RECKSON ASSOCIATES REALTY CORP., 625 RECKSON PLAZA

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

UNIONDALE, NY 11747

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock ⁽¹⁾	12/14/2006		M	50,400	A \$ 27.041	458,587	D
Common Stock ⁽¹⁾	12/14/2006		S	2,750	D \$ 46.1	455,837	D
Common Stock ⁽¹⁾	12/14/2006		S	5,500	D \$ 46.11	450,337	D
Common Stock ⁽¹⁾	12/14/2006		S	500	D \$ 46.12	449,837	D
	12/14/2006		S	1,350	D \$ 46.13	448,487	D

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Common Stock <u>(1)</u>							
Common Stock <u>(1)</u>	12/14/2006	S	600	D	\$ 46.14	447,887	D
Common Stock <u>(1)</u>	12/14/2006	S	25,000	D	\$ 46.15	422,887	D
Common Stock <u>(1)</u>	12/14/2006	S	50	D	\$ 46.16	422,837	D
Common Stock <u>(1)</u>	12/14/2006	S	1,550	D	\$ 46.17	421,287	D
Common Stock <u>(1)</u>	12/14/2006	S	2,500	D	\$ 46.18	418,787	D
Common Stock <u>(1)</u>	12/14/2006	S	4,150	D	\$ 46.19	414,637	D
Common Stock <u>(1)</u>	12/14/2006	S	5,200	D	\$ 46.2	409,437	D
Common Stock <u>(1)</u>	12/14/2006	S	50	D	\$ 46.21	409,387	D
Common Stock <u>(1)</u>	12/14/2006	S	1,200	D	\$ 46.22	408,187	D
Common Stock <u>(2)</u>	12/15/2006	M	22,850	A	\$ 27.041	431,037	D
Common Stock <u>(2)</u>	12/15/2006	S	22,650	D	\$ 46.15	408,387	D
Common Stock <u>(2)</u>	12/15/2006	S	200	D	\$ 46.16	408,187 <u>(3)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)		Title

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					Date Exercisable	Expiration Date		Amount or Number of Shares
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 27.041	12/14/2006	M	50,400	11/04/1997	11/03/2007	Common Stock	50,400
Employee Stock Option (Right to Buy) ⁽²⁾	\$ 27.041	12/15/2006	M	22,850	11/04/1997	11/03/2007	Common Stock	22,850

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RECHLER SCOTT H C/O RECKSON ASSOCIATES REALTY CORP. 625 RECKSON PLAZA UNIONDALE, NY 11747	X		Chief Executive Officer	

Signatures

/s/ Scott H.
Rechler

12/18/2006

^{**}Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 14, 2006, the registrant exercised employee stock options for an aggregate of 50,400 shares of common stock of Reckson Associates Realty Corp. (the "Company"), and subsequently sold such shares in the open market.
- (2) On December 15, 2006, the registrant exercised employee stock options for an aggregate of 22,850 shares of common stock of the Company, and subsequently sold such shares in the open market.
- (3) Includes 646 shares owned through the Company's 401(k) Plan. Mr. Rechler indirectly holds 2,929 shares of common stock in trust for his children, beneficial ownership of which is disclaimed by Mr. Rechler.
- (4) N/A.

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