

SPARTAN STORES INC
Form 4
February 07, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
STAPLES DAVID M

(Last) (First) (Middle)

C/O 850 - 76TH STREET SW

(Street)

GRAND RAPIDS, MI 49518

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
SPARTAN STORES INC [SPTN]

3. Date of Earliest Transaction
(Month/Day/Year)
02/05/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
Executive VP & CFO

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				(A) or (D)	Price			
Common Stock ⁽¹⁾	02/05/2007		S	100	D	\$ 24.72	82,029	D
Common Stock ⁽¹⁾	02/05/2007		S	200	D	\$ 24.84	81,829	D
Common Stock ⁽¹⁾	02/05/2007		S	500	D	\$ 24.85	81,329	D
Common Stock ⁽¹⁾	02/05/2007		S	400	D	\$ 24.86	80,929	D
Common Stock ⁽¹⁾	02/05/2007		S	100	D	\$ 24.87	80,829	D

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Common Stock <u>(1)</u>	02/05/2007	S	600	D	\$ 24.88	80,229	D
Common Stock <u>(1)</u>	02/05/2007	S	200	D	\$ 24.89	80,029	D
Common Stock <u>(1)</u>	02/05/2007	S	500	D	\$ 24.9	79,529	D
Common Stock <u>(1)</u>	02/05/2007	S	500	D	\$ 24.91	79,029	D
Common Stock <u>(1)</u>	02/05/2007	S	300	D	\$ 24.92	78,729	D
Common Stock <u>(1)</u>	02/05/2007	S	1,700	D	\$ 24.93	77,029	D
Common Stock <u>(1)</u>	02/05/2007	S	500	D	\$ 24.94	76,529	D
Common Stock <u>(1)</u>	02/05/2007	S	1,200	D	\$ 24.95	75,329	D
Common Stock <u>(1)</u>	02/05/2007	S	1,600	D	\$ 24.96	73,729	D
Common Stock <u>(1)</u>	02/05/2007	S	1,100	D	\$ 24.97	72,629	D
Common Stock <u>(1)</u>	02/05/2007	S	700	D	\$ 24.98	71,929	D
Common Stock <u>(1)</u>	02/05/2007	S	200	D	\$ 25.19	71,729	D
Common Stock <u>(1)</u>	02/05/2007	S	100	D	\$ 25.2	71,629	D
Common Stock <u>(1)</u>	02/05/2007	S	200	D	\$ 25.22	71,429	D
Common Stock <u>(1)</u>	02/05/2007	S	200	D	\$ 25.3	71,229	D
Common Stock <u>(1)</u>	02/05/2007	S	300	D	\$ 25.32	70,929	D
Common Stock <u>(1)</u>	02/05/2007	S	300	D	\$ 25.33	70,629	D
Common Stock <u>(1)</u>	02/05/2007	S	100	D	\$ 25.35	70,529	D
Common Stock <u>(1)</u>	02/05/2007	S	100	D	\$ 25.37	70,429	D
Common Stock <u>(1)</u>	02/05/2007	S	300	D	\$ 25.38	70,129	D
	02/05/2007	S	100	D	\$ 25.4	70,029	D

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Common
Stock (1)

Common Stock <u>(1)</u>	02/05/2007	S	100	D	\$ 25.44	69,929	D
Common Stock <u>(1)</u>	02/05/2007	S	923	D	\$ 25.55	69,006	D
Common Stock <u>(1)</u>	02/05/2007	S	300	D	\$ 25.56	68,706	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Transaction (Instr. 6)
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
STAPLES DAVID M C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518			Executive VP & CFO	

Signatures

/s/ Daniel C. Persinger, By Power of Attorney
02/07/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These transactions were executed as part of a prearranged trading plan pursuant to Rule 10b5-1 promulgated under the Securities Exchange Act of 1934.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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