

STERLING BANCORP  
Form 8-K  
October 07, 2005



ITEM 7.01

REGULATION FD DISCLOSURE

ITEM 9.01

FINANCIAL STATEMENTS AND EXHIBITS

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EX-99.1: PRESS RELEASE

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**ITEM 7.01**

**REGULATION FD DISCLOSURE**

On October 6, 2005 the Company issued a press release announcing the official opening of its New Jersey Regional Office at Park 80 West, Plaza One in Saddle Brook, N.J. The press release is included as Exhibit 99.1.

**ITEM 9.01**

**FINANCIAL STATEMENTS AND EXHIBITS**

(c) Exhibits

99.1 Press release dated October 6, 2005 (furnished pursuant to Item 7.01)

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DATE: October 7, 2005

BY: /s/ JOHN W. TIETJEN

JOHN W. TIETJEN  
Executive Vice President  
and Chief Financial Officer

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Exhibit  
Number

99.1      Press Release dated October 6, 2005