NATURAL HEALTH TRENDS CORP Form 8-K May 08, 2006

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## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549 FORM 8-K CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934 Date of report (Date of earliest event reported): May 5, 2006 NATURAL HEALTH TRENDS CORP.

(Exact Name of Registrant as Specified in Its Charter) Delaware

(State or Other Jurisdiction of Incorporation)

0-26272

(Commission File Number)

2050 Diplomat Drive, Dallas, Texas

(Address of Principal Executive Offices)

(972) 241-4080

(Registrant s Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

59-2705336

(IRS Employer Identification No.)

75234

(Zip Code)

# Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

## Item 8.01 Other Events

On May 5, 2006, the Company paid \$150,000 to Robert H. Hesse, its former interim chief executive officer and a member of its Board of Directors, as provided in a letter agreement dated as of March 1, 2006, that was signed on March 10, 2006. Mr. Hesse has released the Company from all other obligations under that letter agreement and, effective, May 5, 2006, resigned from the Company s Board of Directors.

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized. Date: May 5, 2006

#### NATURAL HEALTH TRENDS CORP.

By: /s/ Chris Sharng Chris Sharng Executive Vice President and CFO [interim principal executive officer]